

ANTIOCH RECREATION DEPARTMENT & YOUTH SERVICES NETWORK

RECREATION

Summer 2025

guide



ANTIOCH
CALIFORNIA
OPPORTUNITY LIVES HERE

FOLLOW US ON SOCIAL MEDIA:



June-September | Registration begins: May 5, 2025

4th of July

IN HISTORIC RIVERTOWN DISTRICT



SCAN FOR MORE EVENT INFORMATION:



ANTIOCH CALIFORNIA OPPORTUNITY LIVES HERE

LIVE MUSIC: THE PURPLE ONES *and* ARIEL MARIN PARADE · FAMILY ZONE · FIREWORKS · FOOD
WALDIE PLAZA 4PM-9:30PM



Swim Lessons Pages 12-15



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SUMMER SAVINGS!
SAVE 10%
 on Activity Registrations
 Enter coupon code:
SUMMER25
 in shopping cart
ONLY VALID 5/12/2025

Class Fees:

R = Resident NR = Non-Resident

Class Locations:

- Antioch Community Center**
4703 Lone Tree Way
- Antioch Community Park**
801 James Donlon Boulevard
- Antioch Marina**
5 Marina Plaza
- Antioch Senior Center**
415 W. 2nd Street
- Antioch Water Park**
4701 Lone Tree Way
- Chichibu Park**
G Street & Acorn Drive
- City Park**
Corner of 10th and A Streets
- Diablo West Park**
2000 Prewett Ranch Drive
- Prosserville Park**
W. 6th Street & M Street

Information on Disabilities

The City of Antioch Recreation Department encourages individuals of all abilities to participate in the offerings in this brochure. To aid in these programs, we request two weeks advance notice prior to the first class. We are committed to accommodating programs to meet individual needs. For further information, call 776-3050.

In Antioch, our mission is to deliver quality services with integrity, excellence, and innovation.

Instructor Highlights

Cindy Pang

Cindy leads a dynamic and fulfilling life—she’s a preschool teacher, water aerobics instructor, and an avid traveler. Cindy and her husband, Ken, have been married for 25 years and have three grown children. In her free time, she enjoys walking, working out, and reading.



A dedicated City of Antioch employee for 14 years, Cindy is preparing for the upcoming water aerobics classes at the Antioch Water Park, which runs from April through September. She teaches in the evenings and on Saturdays, working primarily with older adults. “I like to motivate seniors,” she says, sharing her passion for keeping them active and engaged.

Beyond the pool, Cindy loves working with children. “They are very loving,” she says, highlighting painting and gym classes as her favorite activities to share with her students.

Cindy is also an active member of the Antioch-Chichibu Sister City Organization, an exchange student program where she has hosted a student from Japan. This program, which was established in 1967, gives students from America and Japan an opportunity to experience culture and daily life in another country. Cindy hopes to one day get the opportunity to visit Chichibu, Japan.

Cindy’s Favorites:

Food: Asian cuisine; **TV Show:** Grey’s Anatomy

Sports Teams: 49ers, Sharks, Warriors

Antioch Recreation is looking for new contract class instructors. We provide wellness opportunities for all ages, with a focus on lifelong learning and fostering a healthy mind, body, and soul. For more information, please visit Recreation Department—City of Antioch, California (antiochca.gov) and look under join our team.

Join
Our
Team

CITY OF ANTIOCH CALIFORNIA OPPORTUNITY LIVES HERE

CITY COUNCIL

Ron Bernal, Mayor

Louie Rocha, Mayor Pro Tem

Monica E. Wilson Don Freitas Tamisha Torres-Walker

PARKS & RECREATION COMMISSION

Dorothy Ellis, Chair

Dominique King, Vice Chair

Alexander Broom Lesley Eubanks

Shan Hunt Mariah Williams

Commission meetings are open to the public and held on the third Thursday of the month at 7:00p.m..

RECREATION DEPARTMENT

Brad Helfenberger, Parks & Recreation Director

Shahad Wright, Recreation Manager

Jaylyn Valenzuela, Recreation Supervisor

Emily Reinard, Administrative Analyst

La’Nae Jackson, Programs Coordinator

Karen Alsaker, Administrative Assistant

ANTIOCH WATER PARK

Bree Pires, Recreation Supervisor

Victoria Alvarado, Programs Coordinator

Dustin Daroy, Aquatics Maintenance Worker

ANTIOCH SENIOR CENTER

NICK RODRIGUEZ COMMUNITY CENTER

Jun Gandia, Recreation Supervisor

Frida Palmas, Programs Coordinator

Stephanie Simmons, Facility Coordinator

ANTIOCH MARINA

PARK/FACILITY MAINTENANCE

Derek Traya, Operations Supervisor

City of Antioch Recreation Offices will be closed for the following holidays:

Monday, 5/26—Memorial Day

Thursday, 6/19—Juneteenth

Friday, 7/4—Independence Day

Monday, 9/1—Labor Day

No Drop-In Sports: Sunday 6/15, Thursday 6/19, Sunday 8/31



once upon a WATER PARK
A Magical Day full of Water, Wonder, and Adventure!

Join the magic on Friday
June 27th

TICKETS AVAILABLE AT ANTIOCHWATERPARK.COM



**SATURDAY
JULY 26TH, 2025**
Tickets Available at
ANTIOCHWATERPARK.COM

**SUMMER
CARNIVAL**

Full Day of General Admission • Games •
Carnival Food •
Magician and more •

FOR MORE INFORMATION ON OUR SPECIAL EVENTS PLEASE SEE PAGE 10

**ANTIÖCH
WATER PARK**

Become a Sponsor

For Antioch Recreation Special Events in 2025

Benefits:

- Tiered packages to align with your company goals and marketing budget
- Wide range of promotion opportunities
- Year-round recreation event calendar

ANTIÖCH CALIFORNIA RECREATION DEPARTMENT

CONTACT US
(925) 779-7074
RECREATION@ANTIOCHCA.GOV

August 1
Application Deadline for Fall/Winter Events Package



SCAN

Review the tiers and see which events are included in the 2025 Fall/Winter Package.

SUMMER EVENTS

City of Antioch

June

- Market Saturdaze 6/7
- Juneteenth Celebration 6/19
- Senior Center: Summer BBQ . . . 6/20
- Antioch Water Park: Once
Upon a Water Theme Day 6/27
- Antioch Water Park: Box
Boat Derby 6/28



July

- 4th of July Celebration 7/4
- Market Saturdaze 7/5
- Outdoor Movie Nights . . . 7/10, 7/17
- Senior Center: Ice Cream
Social 7/17
- Outdoor Movie Nights . . . 7/24, 7/31
- Antioch Water Park: Summer
Carnival Theme Day 7/26



August

- Multicultural Festival 8/2
- Senior Center: Western Day.... 8/17
- Summer Concert Series..... 8/7, 8/14, 8/21



September

- Market Saturdaze..... 9/6
- Senior Center: Senior Resource Fair 9/12
- Big Truck Day..... 9/18
- Coastal Cleanup..... 9/20



ANTIOCH
CALIFORNIA
OPPORTUNITY LIVES HERE



Thursday, September 18th
4:00pm-8:00pm | Antioch Community Center

The brightest and the loudest day of the year is here! Back by popular demand, the Antioch Recreation Department is hosting its 6th Annual Big Truck Day! This day gives families and kids of all ages an opportunity to learn more about local companies and the large vehicles they use to keep our community clean, safe and green!

6TH ANNUAL
BIG TRUCK DAY



Scan the QR Code to register your company's vehicle or large equipment for this event.

Truck/Vehicle registration forms open July 28 and close September 12.

ANTIOCH
CALIFORNIA

CALIFORNIA COASTAL CLEANUP DAY

SATURDAY, SEPTEMBER 20 | 9AM-12PM

ANTIOCH WATER PARK & THE ANTIOCH MARINA

#11972

#11971

Volunteer alongside your families, friends, coworkers, scout troops, school groups, and service clubs. Help us preserve wildlife by taking trash out of the environment and our waterways.

TO VOLUNTEER, REGISTER AT
WWW.ANTIOCHCA.GOV/COASTAL-CLEANUP
OR CALL 925-776-3050



LET'S KEEP TRASH OUT OF OUR WATERWAYS!

CELEBRATE ANTIOCH FOUNDATION 2025

ENJOY THE RIVERTOWN EXPERIENCE

Antioch's Rivertown

SHOPS • RESTAURANTS • SERVICES • EVENTS

JUN 7
EL CAMPANIL SUPREME
MOTOWN BENEFIT GALA
VIP 4-6PM | CONCERT 7PM

JUN 15
FATHER'S DAY CAR SHOW
10AM-2PM

AUG 16
HOT AUGUST CRUISE NIGHT
5PM-9PM

SEP 13
RIVERTOWN PEDDLER'S FAIR
9AM-3PM

celebrateantioch.org




first tee

FIRST TEE—CONTRA COSTA SUMMER CAMPS

AT LONE TREE GOLF COURSE

First Tee—Contra Costa offers 4-day summer camps that are fun, activity based, and educational for golfers of all abilities.
New & experienced golfers welcome • Mo-Th

June 9-12 AGES 7-9 8:30am-12:30pm \$350	June 23-26 AGES 5-6 9:00am-11:00am \$250
July 7-10 AGES 10-16 8:30am-12:30pm \$350	July 14-17 AGES 12+ 8:30am-12:30pm \$350

Financial Aid available for participants

Register today at firstteecontracosta.org
Phone: 925-446-6701 E-mail: firstteecontracosta@gmail.com

SUMMER BIKE CHALLENGE 2025

Explore your town from the seat of a bike!

FREE

FUN! + Prizes



511 CONTRA COSTA transportation authority

Noncompetitive | All Ages | Bike at your own pace June-August

Join the fun! **Download Your Free Gameboard at 511cc.org/sbc**



COME SPLASH WITH US!

4701 Lone Tree Way | (925) 776-3070

Next to the Antioch Community Center & across the street from Deer Valley High School

www.antiochwaterpark.com

OUR ONLINE STORE IS OPEN STARTING **MAY 1ST**

General Admission

An admission fee is required for all guests over 36 inches. Life jackets are provided for use. Food is allowed, but glass containers, alcohol, knives, hard coolers, and Styrofoam are not permitted.

DAYS & HOURS

May 24th–June 8th
Weekends & Holidays only | 11am–6pm

June 9th–August 1st
Daily | 11am–6pm

August 2nd–September 1st
Weekends & Holidays only | 11am–6pm

General Admission Fees

Weekends/Holidays	\$17
Weekdays	\$15
Daily Admission After 4 pm	\$9
Senior 62+	\$9
Military with current ID	\$9
Children under 36"	Free
Season Pass	\$79R/\$97NR

Group Rates available for purchase. Contact us for more information at waterpark@antiochca.gov.



SPECIAL EVENTS

Mark your calendars and join us this summer for our Special Events this summer!

ONCE UPON A WATER PARK
FRIDAY, JUNE 27TH
11AM-6PM



BOX BOAT DERBY
SATURDAY, JUNE 28TH
12PM-1PM



SUMMER CARNIVAL
SATURDAY, JULY 26TH
11AM-6PM




PARTY PACKAGES

These includes pool admission and reserved shaded area of your choice and a goodie bag for the guest of honor! Along with a number of complimentary general admission tickets, varies depending on area of choice. Capacity of each shaded area varies. Capacity is base on number of guests, not number of guests swimming. Additional guests are charged full price, and may be limited due to full capacity.

	Deposit	Weekday	Weekend
Garden/Meadow	\$100	\$135	\$145
Party Zone A/Party Zone B	\$150	\$365	\$395



LUXURY LOUNGERS

Weekday — \$45 | Weekend — \$50

Reserve your family's space on the pool deck for your day at the park! Each lounge area includes: 2 cushioned lounge chairs, small table, and a shaded cabana hood. Admission price **not** included in rental price. Loungers can be reserved online at antiochwaterpark.com



16 YEARS & UP

Water Aerobics

Join Cindy in the ultimate in low impact aerobics using the resistance of the water. Classes accommodate all fitness levels with emphasis on cardio, muscle toning, and fun! **No class 6/19 or 9/18*

Drop-Ins \$10/Visit

Antioch Water Park Lap Pool • Instructor Cindy Pang

Tuesday/Thursday				Adults 50+
#11989	6/10-7/3*	6:30pm-7:30pm	\$67R/\$75NR	\$44R/\$52NR
#11998	7/8-7/31	6:30pm-7:30pm	\$76R/\$86NR	\$50R/\$60NR
#12000	8/5-8/28	6:30pm-7:30pm	\$76R/\$86NR	\$50R/\$60NR
#12001	9/2-9/25*	6:30pm-7:30pm	\$67R/\$75NR	\$44R/\$52NR
Saturday				Adults 50+
#12002	6/7-6/28	9:30am-10:30am	\$38R/\$48NR	\$25R/\$35NR
#12003	7/12-8/2	9:30am-10:30am	\$38R/\$48NR	\$25R/\$35NR
#12004	8/9-8/30	9:30am-10:30am	\$38R/\$48NR	\$25R/\$35NR
#12005	9/6-9/27	9:30am-10:30am	\$38R/\$48NR	\$25R/\$35NR



12-14 YEARS

Junior Lifeguard

Join the American Red Cross Junior Lifeguard program. Participants will gain water safety skills, basic rescues, knowledge in preventing aquatic accidents, recognizing hazards and an introduction to First Aid and CPR. (Note: CPR certification not included.) This experience is perfect for those too young for a summer job, to gain teamwork and leadership skills. Participants must be able to swim 8 laps of front crawl (freestyle) and tread water for 2 minutes. Be sure to bring a swimsuit, towel, goggles, change of clothes, water bottle, sunscreen, and lunch/snacks. Fees include Completion Certificate and T-Shirt. Upon completing the course, you'll be eligible to volunteer at Antioch Water Park during summer 2025!

Antioch Water Park • Instructor Aquatics Staff

Monday-Friday

#12316	7/7-7/11	9:00PM-2:00PM	\$75R/\$85NR
#12317	7/14-7/18	9:00PM-2:00PM	\$75R/\$85NR



16 YEARS & UP

Lap Swim

Antioch Water Park Lap Pool

Summer lap swim hours are available from June 23rd

-July 31st. Lap Swimmers will have the ability to swim during the posted lap swim hours. During heavy use, lap swimmers will be required to circle swim and/or share a lane with other swimmers. Lap swim fees apply. Punch passes come with 10 punches each, are only valid during lap swim times, and can be purchased online or in-person at the Antioch Water Park.

Monday-Thursday

9:00am-11:00am | \$4 Drop-In

Lap Swim Punch Pass \$35R/\$45NR

SWIM LESSONS AT THE ANTIOCH WATER PARK

The Antioch Water Park offers a comprehensive and developmentally appropriate swim program that teaches participants of all ages how to swim safely and skillfully. All classes are 25 minutes in length. All classes are taught by Aquatics Staff at the Antioch Water Park Lap Pool. **No class 6/19, 7/4, 9/18**

Parent & Child Swim Lessons 5 MONTHS-3 YEARS

Parent and child share the fun of learning to swim. You will assist your child with basic water adjustment, breath control, and swimming readiness. Class emphasis is on fun and safety. Parent participation in the water required; one parent/adult per child. Participants still in diapers must wear swim diapers.

Preschool Swim Lessons 3-5 YEARS

Geared towards our younger swimmers! Preschool swim lessons will teach students basic swimming skills ranging from beginning to swim to learning different strokes and techniques, while growing confidence in their swim abilities and learning water safety.

Youth Swim Lessons 6-14 YEARS

Youth swim lessons will teach students basic swimming skills ranging from beginning to swim to learning different strokes and techniques, while growing confidence in their swim abilities and learning water safety.

Dolphin Swim Prep 8-14 YEARS

Dolphin Swim Prep is geared towards swimmers who are independent swimmers to further develop their technique for complete swim but is open to all. Participants **MUST** pass a swim test administered by AWP staff to register for this class. Contact the water park to schedule a swim test or for additional information.

Adult Swim Lessons 15 YEARS & UP

This course is designed to help participants gain basic aquatic skills and swimming strokes, work on fitness, and/or improve swimming techniques. Working with an instructor teens and adults will learn skills and concepts needed to stay safe in and around water and improve their swimming abilities.

Private Swim Lessons 3 YEARS & UP

Private swim lessons provide one-on-one instruction. Whether a swimmer is learning the basics, or perfecting their technique, our instructors tailor every lesson to the specific needs and goals of each student.

Disclaimer Info

Availability of all Antioch Water Park programs including swim lessons, water aerobics, general admission, lap swim and special events may be canceled due to weather, mechanical, or water conditions. Customer requested refunds/transfers are available up to 5 BUSINESS DAYS PRIOR TO THE FIRST DAY OF CLASS, in accordance with the Antioch Recreation Dept. Refund Policy. No refunds or make-ups for missed days. A processing fee of \$7 will be charged for all cancellations after a registration has been processed. If minimum class size is not met by 5 BUSINESS DAYS PRIOR TO THE FIRST DAY OF CLASS, it may be canceled.



For detailed information regarding level placement, please scan the QR code.



SESSION 1

Saturdays 6/7-6/28
 Mon-Thur 6/23-7/3
 Tues/Thur 8/5-8/28

SESSION 2

Saturdays 7/12-8/2
 Mon-Thur 7/7-7/17
 Tues/Thur 9/2-9/25*

SESSION 3

Saturdays 8/9-8/30
 Mon-Thur 7/21-7/31

SESSION 4

Saturdays 9/6-9/27



Private Swim Lessons | 3 YEARS & UP

SATURDAY	\$109R/\$120NR			
	SESSION 1	SESSION 2	SESSION 3	SESSION 4
	9:00am #11980	9:00am #12044	9:00am #12104	9:00am #12173
	9:30am #12015	9:30am #12050	9:30am #12117	9:30am #12182
	10:00am #12022	10:00am #12055	10:00am #12124	10:00am #12191
	10:30am #12029	10:30am #12058	10:30am #12130	10:30am #12196
	11:00am #12318	11:00am #12360	11:00am #12133	11:00am #12199
11:30am #12035	11:30am #12061	11:30am #12164	11:30am #12201	



MON-THUR MORNINGS	\$218R/\$240NR		
	SESSION 1	SESSION 2	SESSION 3
	9:00am #12204	9:00am #12227	9:00am #12252
	9:30am #12209	9:30am #12232	9:30am #12256
	10:00am #12213	10:00am #12236	10:00am #12260
	10:30am #12216	10:30am #12239	10:30am #12264
	11:00am #12220	11:00am #12244	11:00am #12268
11:30am #12224	11:30am #12248	11:30am #12272	

MON-THUR EVENINGS	\$218R/\$240NR		
	SESSION 1	SESSION 2	SESSION 3
	4:30pm #12276	4:30pm #12284	4:30pm #12292
	5:00pm #12278	5:00pm #12286	5:00pm #12294
	5:30pm #12280	5:30pm #12288	5:30pm #12296
6:00pm #12282	6:00pm #12290	6:00pm #12298	

TUES/THUR EVENINGS	\$218R/\$240NR	\$191R/\$210NR
	SESSION 1	SESSION 2*
	4:30pm #12300	4:30pm #12308
	5:00pm #12302	5:00pm #12310
	5:30pm #12304	5:30pm #12312
6:00pm #12306	6:00pm #12314	

*No class 9/18



SUMMER 2025 | Swim Lessons

SESSION 1

Saturdays 6/7-6/28
 Mon-Thur 6/23-7/3
 Tues/Thur 8/5-8/28

SESSION 2

Saturdays 7/12-8/2
 Mon-Thur 7/7-7/17
 Tues/Thur 9/2-9/25*

SESSION 3

Saturdays 8/9-8/30
 Mon-Thur 7/21-7/31

SESSION 4

Saturdays 9/6-9/27

Parent & Child Swim Lessons | 5 MONTHS-3 YEARS

SATURDAY	\$54R/\$64NR			
	SESSION 1	SESSION 2	SESSION 3	SESSION 4
LEVEL 1	10:30am #12137	10:30am #12141	10:30am #12142	10:30am #12145
LEVEL 2	11:00am #12170	11:00am #12174	11:00am #12177	11:00am #12179

MON-THUR	\$108R/\$119NR		
	SESSION 1	SESSION 2	SESSION 3
LEVEL 1	10:00am #12149	10:00am #12154	10:00am #12157
	5:00pm #12162	5:00pm #12159	5:00pm #12158
LEVEL 2	11:00am #12192	11:00am #12197	11:00am #12200



Preschool Swim Lessons | 3-5 YEARS

SATURDAY	\$54R/\$64NR			
	SESSION 1	SESSION 2	SESSION 3	SESSION 4
LEVEL 1	10:00am #12006	10:00am #12008	10:00am #12011	10:00am #12013
	11:00am #12007	11:00am #12010	11:00am #12012	11:00am #12014
LEVEL 2	9:30am #12016	9:30am #12021	9:30am #12024	9:30am #12030
	11:30am #12018	11:30am #12023	11:30am #12028	11:30am #12032
LEVEL 3	9:00am #12036	9:00am #12041	9:00am #12045	9:00am #12049
	11:00am #12039	11:00am #12042	11:00am #12046	11:00am #12051

MON-THUR	\$108R/\$119NR			TUES/THUR	\$108R/\$119NR	\$95R/\$105NR
	SESSION 1	SESSION 2	SESSION 3		SESSION 1	SESSION 2
LEVEL 1	9:00am #12102	9:00am #12107	9:00am #12112	LEVEL 1	4:30pm #12175	4:30pm #12186
	10:30am #12103	10:30am #12109	10:30am #12115		5:30pm #12178	5:30pm #12187
	4:30pm #12105	4:30pm #12110	4:30pm #12116	LEVEL 2	5:00pm #12181	5:00pm #12189
	5:30pm #12106	5:30pm #12111	5:30pm #12118		6:00pm #12183	6:00pm #12190
LEVEL 2	9:30am #12122	9:30am #12135	9:30am #12144	LEVEL 3	10:00am #12152	10:00am #12160
	10:30am #12127	10:30am #12136	10:30am #12146		11:00am #12153	11:00am #12161
	11:30am #12129	11:30am #12138	11:30am #12147		5:00pm #12155	5:00pm #12163
	5:00pm #12131	5:00pm #12139	5:00pm #12148		6:00pm #12156	6:00pm #12165
	5:30pm #12134	5:30pm #12140	5:30pm #12151			
LEVEL 3	10:00am #12152	10:00am #12160	10:00am #12167			
	11:00am #12153	11:00am #12161	11:00am #12169			
	5:00pm #12155	5:00pm #12163	5:00pm #12171			
	6:00pm #12156	6:00pm #12165	6:00pm #12172			



Youth Swim Lessons | 6-14 YEARS

**SWIM LESSON
REGISTRATION
WILL CLOSE 5
DAYS PRIOR TO
THE START OF
CLASS!**

SATURDAY	\$54R/\$64NR			
	SESSION 1	SESSION 2	SESSION 3	SESSION 4
LEVEL 1	9:30am #12006	9:30am #12008	9:30am #12011	9:30am #12013
	11:00am #12007	11:00am #12010	11:00am #12012	11:00am #12014
LEVEL 2	9:00am #12016	9:00am #12016	9:00am #12016	9:00am #12016
	10:00am #12018	10:00am #12018	10:00am #12018	10:00am #12018
LEVEL 3	10:30am #12036	10:30am #12036	10:30am #12036	10:30am #12036
	11:30am #12039	11:30am #12042	11:30am #12046	11:30am #12051

MON-THUR	\$108R/\$119NR		
	SESSION 1	SESSION 2	SESSION 3
LEVEL 1	9:00am #11985	9:00am #11986	9:00am #11987
	11:00am #11991	11:00am #11990	11:00am #11988
	4:30pm #11992	4:30pm #11993	4:30pm #11994
	6:00pm #11997	6:00pm #11996	6:00pm #11995
LEVEL 2	9:30am #12063	9:30am #12064	9:30am #12065
	10:30am #12068	10:30am #12067	10:30am #12066
	4:30pm #12069	4:30pm #12070	4:30pm #12071
	5:30pm #12074	5:30pm #12073	5:30pm #12072
LEVEL 3	10:00am #12087	10:00am #12088	10:00am #12089
	11:30am #12092	11:30am #12091	11:30am #12090
	4:30pm #12093	4:30pm #12094	4:30pm #12095
	6:00pm #12098	6:00pm #12097	6:00pm #12096
LEVEL 4	11:30am #12101	11:30am #12108	11:30am #12113
	5:00pm #12125	5:00pm #12123	5:00pm #12119

TUES/THUR	\$108R/\$119NR	\$95R/\$105NR
	SESSION 1	SESSION 2
LEVEL 1	5:00pm #11999	5:00pm #12009
LEVEL 2	4:30pm #12075	4:30pm #12077
	6:00pm #12076	6:00pm #12078
LEVEL 3	5:30pm #12099	5:30pm #12100

*No class 9/18



Dolphin Swim Prep

8-14 YEARS | Swim test required.

SATURDAY	\$54R/\$64NR	
	SESSION 1	SESSION 2
LEVEL 1	11:30am #12262	11:30am #12266
	SESSION 3	SESSION 4
LEVEL 2	11:30am #12271	11:30am #12275



Adult Swim Lessons | 8-14 YEARS

SATURDAY	\$54R/\$64NR			
	SESSION 1	SESSION 2	SESSION 3	SESSION 4
LEVEL 1	9:00am #12150	9:00am #12168	9:00am #12176	9:00am #12185
LEVEL 2	10:30am #12194	10:30am #12203	10:30am #12205	10:30am #12206

MON-THUR	\$108R/\$119NR		
	SESSION 1	SESSION 2	SESSION 3
LEVEL 1	9:00am #12210	9:00am #12228	9:00am #12231
	5:30pm #12217	5:30pm #12223	5:30pm #12235
LEVEL 2	9:30am #12240	9:30am #12243	9:30am #12247
	6:00pm #12258	6:00pm #12255	6:00pm #12251



COYOTE HILLS CAMPS

FULL-DAY SUMMER CAMPS

Ages: 5-12
 Antioch Community Center
 Instructor: Recreation Staff

- Discovery:** Entering Grades K-1
- Explorer:** Entering Grades 2-3
- Adventure:** Entering Grades 4-6



Looking for an experience your child will always remember? Look no further! Coyote Hills Summer Camps offer a variety of fun themed camps all summer long! Each week your child will have a blast swimming, playing games, creating crafts and projects and most of all building great friendships and lifelong memories.

Additional Information:

Each camper will receive one camp shirt for the summer. Each camper should bring two snacks, a bag lunch and bottled water and wear comfortable athletic shoes daily. On swim days campers need a swimsuit, sunscreen, and towel. Each camper will participate in a swim test, campers that do not pass will be required to wear a life jacket. Additionally, life jackets will be available for all campers. A parent or guardian is required to sign their camper in/out daily with a photo ID.



COYOTE HILLS: CIRCUS OF WONDERS

Step right up for an unforgettable week at Coyote Hills Circus of Wonders, where campers get to enter the magical world of the circus! Each day, young performers will try their hand at new "big top" skills, explore whimsical crafts, and take part in exciting team-building games. Circus of Wonders Camp is a place for everyone to shine, so grab your top hat and prepare for a week of wonder.

Mon-Fri	6/23-6/27	9:00AM-4:00PM	\$220R/\$242NR
Discovery	Explorer	Adventure	
#11932	#11933	#11934	

COYOTE HILLS: SPLASH ZONE

Dive into a summer of fun when you enter the Splash Zone! Get ready for a splashtastic experience filled with water games, poolside adventures, and exciting water challenges. From swimming and water balloon fights to creative aquatic crafts, there's a refreshing adventure waiting for everyone!

Mon-Thu	6/30-7/3*	9:00AM-4:00PM	\$177R/ \$195NR
Discovery	Explorer	Adventure	
#11936	#11937	#11938	

*No camp 7/4

EXTENDED CARE PACKAGE

Available for Coyote Hills and Sports Day Camps at the Antioch Community Center

Early drop off: 7:30-9:00AM
 Later pick up: 4:00-6:00PM

#11958	6/23-6/27	\$52R/\$62NR	
#11959	6/30-7/3*	\$42R/\$52NR	*No camp 7/4
#11960	7/7-7/11	\$52R/\$62NR	
#11961	7/14-7/18	\$52R/\$62NR	
#11962	7/21-7/25	\$52R/\$62NR	
#11963	7/28-8/1	\$52R/\$62NR	

Build great friendships & memories all summer long!



COYOTE HILLS: LOST TREASURE

Ahoy, young adventurers! Welcome to Lost Treasure camp, where campers will work together to uncover the long-lost Coyote treasure. When a mysterious map is discovered, it's up to our Coyote Crew to follow the clues, brave the challenges, and work together to solve riddles on an unforgettable journey across "Allie's Island."



Mon-Fri 7/7-7/11 9:00AM-4:00PM \$220R/\$242NR

Discovery

#11940

Explorer

#11941

Adventure

#11942

COYOTE HILLS: HERO ACADEMY

Welcome to Hero Academy, where young civilians can unleash their inner superheroes! During this action-packed week, campers will embark on a journey to discover their unique powers and learn what it takes to become a true hero. With guidance from our Hero Instructors, campers will dive into daily super skills training, mastering activities like agility courses, strength challenges, creative projects and problem-solving missions.

Mon-Fri 7/14-7/18 9:00AM-4:00PM \$220R/\$242NR

Discovery

#11944

Explorer

#11945

Adventure

#11946

COYOTE HILLS: BACK TO THE BARNYARD



Get ready to roll up your sleeves and dive into the exciting world of farm life. This hands-on camp will immerse campers in all things barnyard, where they'll explore the joys of nature, animals, and agriculture. From barnyard crafts to cooking with farm-fresh ingredients, campers will learn about farm life through simulating games and activities and create unforgettable memories with new friends.

Mon-Fri 7/21-7/25 9:00AM-4:00PM \$220R/\$242NR

Discovery

#11948

Explorer

#11949

Adventure

#11950

COYOTE HILLS: RETRO WEEK

Get ready to take a blast from the past with Coyote Hills Retro Week, where campers will travel back in time to explore the coolest trends, games, and styles from the '70s, '80s, '90s and early 2000s! This exciting week is all about embracing nostalgia and having fun with classic activities that will inspire creativity and spark joy. From tie-dye t-shirts to classic games such as sack races, hopscotch, and tug-of-war, each day will focus on a different era, with themed challenges and activities that let campers deep dive into cultural era.

Mon-Fri 7/28-8/1 9:00AM-4:00PM \$220R/\$242NR

Discovery

#11953

Explorer

#11954

Adventure

#11955

EXCITING WEEKLY ACTIVITIES!

WEEK OF: ACTIVITY:

6/23-6/27 Camp Circus Party

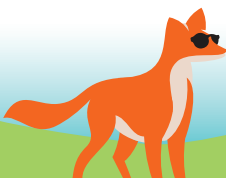
6/30-7/3* Foam It Up & Daily Swim *No camp 7/4

7/7-7/11 Scavenger Hunt & Challenge Island

7/14-7/18 Urban Air

7/21-7/25 Petting Zoo & Farm-to-Table Lesson

7/28-8/1 Obstacle Course



SUMMER SPORT CAMPS

HALF-DAY SPORT CAMPS



Ages: 7-14

Antioch Community Center

Instructor: Antioch Youth Sports Staff

Pro: Entering Grades 2-5

All-Stars: Entering Grades 6-8

Antioch Youth Sports Summer Camp is a fun-filled program designed to introduce young athletes to the fundamentals of a wide variety of sports while learning about teamwork, health, and wellness. Each week will consist of fun drills and games designed to introduce campers to basketball, baseball/softball, soccer, volleyball, football, and school yard games. Each week also features two visits to the Antioch Water Park for swimming and water play.

Additional Information:

Each camper will receive a free camp t-shirt. Each camper should bring two snacks, a bag lunch and bottled water and wear comfortable athletic shoes daily. On swim days campers need a swimsuit, sunscreen, and towel. Each camper will participate in a swim test, campers that do not pass will be required to wear a life jacket. Additionally, life jackets will be available for all campers. A parent or guardian is required to sign their camper in/out daily with a photo ID.



Join us for non-stop sports fun and skill building!

WEEK 1: BASKETBALL

Get ready to dribble, shoot, and score! Whether you're a seasoned player or new to the game, this week is all about improving your basketball skills while having a blast with friends.

Mon-Fri	6/23-6/27	\$140R/\$154NR
#11832	Pros	8:30AM-12:30PM
#11920	All-Stars	1:00PM-5:00PM

WEEK 2: SCHOOLYARD GAMES

This exciting camp session will take kids back to the playground, where they'll experience a variety of team-based activities, relays, and games that have been loved for generations.



Mon-Thu	6/30-7/3*	\$112R/ \$123NR
#11921	Pros	8:30AM-12:30PM
#11922	All-Stars	1:00PM-5:00PM

*No camp 7/4

WEEK 3: VOLLEYBALL

Spike into an exciting week of fun and skill-building! Whether you're a beginner or have some experience, this week is all about learning the ins and outs of volleyball while having a blast with friends.

Mon-Fri	7/7-7/11	\$140R/\$154NR
#11923	Pros	8:30AM-12:30PM
#11924	All-Stars	1:00PM-5:00PM

EXTENDED CARE PACKAGE

Available for Coyote Hills and Sports Day Camps at the Antioch Community Center

Early drop off: 7:30-9:00AM
Later pick up: 4:00-6:00PM

#11958	6/23-6/27	\$52R/\$62NR	
#11959	6/30-7/3*	\$42R/\$52NR	*No camp 7/4
#11960	7/7-7/11	\$52R/\$62NR	
#11961	7/14-7/18	\$52R/\$62NR	
#11962	7/21-7/25	\$52R/\$62NR	
#11963	7/28-8/1	\$52R/\$62NR	



WEEK 4: SOCCER

Kick off an action-packed week of soccer fun! Whether you're a budding soccer star or just love the game, this week is designed to help campers improve their skills while enjoying friendly competition and teamwork.

Mon-Fri	7/14-7/18	\$112R/ \$123NR
#11925	Pros	8:30AM-12:30PM
#11926	All-Stars	1:00PM-5:00PM

WEEK 5: BASEBALL

Step up to the plate and get ready for a week of all-American fun! Whether you're a seasoned player or new to the sport, this week is all about improving your baseball skills, learning new techniques, and having a great time on the field.

Mon-Fri	7/21-7/25	\$112R/ \$123NR
#11927	Pros	8:30AM-12:30PM
#11928	All-Stars	1:00PM-5:00PM

WEEK 6: FOOTBALL

Get ready for a touchdown of fun! Whether you're a gridiron rookie or a seasoned pro, this week is all about sharpening your football skills, learning the game, and having a blast with your teammates.

Mon-Fri	7/28-8/1	\$112R/ \$123NR
#11929	Pros	8:30AM-12:30PM
#11930	All-Stars	1:00PM-5:00PM

10-17 YEARS

River Kayak Camp for Kids

River Camp for Kids This 4-day camp for kids will include learning to kayak, stand-up paddle, fish and may include a hike to the Dow Wetlands. We'll spend the week playing games, learning about water safety and the Delta as an ecosystem all while having fun on the water. Fishing gear, including bait/lures will be provided but feel free to bring your own fishing gear. Make sure to send kids with snacks and plenty of water and don't forget to have them dress to get wet.

Antioch Marina • Instructor: Delta Kayak Adventures
Monday-Thursday

#11858	6/23-6/26	9:00AM-12:00PM	\$325R/\$357NR
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7-18 YEARS

First Serve Tennis Camp

This camp is designed for the beginner-intermediate player. Players focus on the fundamentals and movements of tennis with instruction given in a fun and positive manner. Students must provide their own size appropriate racquet; tennis balls are provided.

Chichibu Park Tennis Courts • Instructor: Zonia Alston
7-10 Years • Monday-Friday

#12335	7/21-7/25	8:30AM-10:30AM	\$136R/\$150NR
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11-18 Years • Monday-Friday

#12336	7/21-7/25	10:30AM- 12:30PM	\$136R/\$150NR
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JOIN US FOR OUR 2ND

TEEN EMPLOYMENT FAIR



DATE

SEPTEMBER 25, 2025



TIME

11:00 AM - 1:00 PM



LOCATION

BIDWELL HIGH SCHOOL
800 Gary Ave



QUESTIONS

925-779-7082



REGISTER HERE:



ANTIOCH CALIFORNIA

Make sure to bring your resume and be prepared for interviews. Build valuable connections and take the next step toward your future!

ANTIOCH CALIFORNIA

FREE!

TUTORING PROGRAM

JUNE 16TH - JULY 16TH
NICK RODRIGUEZ COMMUNITY CENTER
M & W: 4PM - 6PM

FOR AUSD/OR ANTIOCH RESIDENTS.

REGISTER HERE: 

FOR MORE INFO: 510-260-4346

FOR 6TH-12TH GRADES



THE YOCH PROGRAM



VOLUNTEERS

Open to teens ages 12-15 years*.
 Flexible schedule from Monday-Friday.

Teens aged 12-15 have the opportunity to develop practical job skills and receive valuable support while participating in our program. Participation requires completion of at least one community service project.

REGISTER HERE 

**Priority given to Antioch residents and/or AUSD students.*

FREE!

TEEN BLOCK PARTY

JUNE 12TH | WALDIE PLAZA
 12-18 YEAR | 6:00PM-8:00PM
 OLDS

REGISTER BY: 06/15/25



***I.D IS REQUIRED TO ENTER**



FREE!

TEEN SWIM PARTY

JULY 9TH | 12-18 YEAR OLDS
 6:30PM-8:00PM

ANTIOCH WATER PARK

REGISTER BY: 07/8/25



***I.D IS REQUIRED TO ENTER**




BACK 2 SCHOOL BOWLING

AUGUST 8TH DELTA BOWL

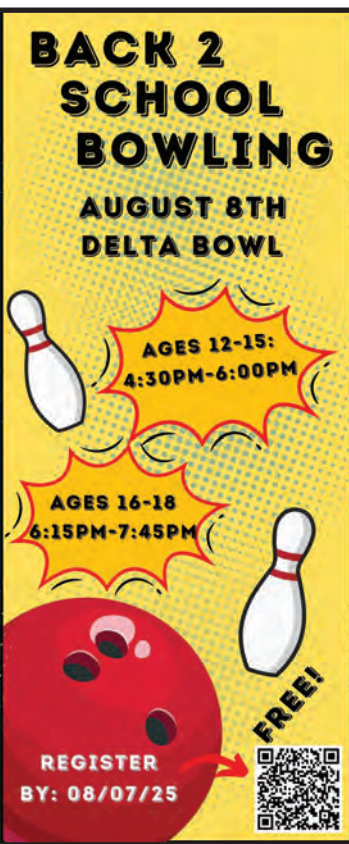
AGES 12-15: 4:30PM-6:00PM

AGES 16-18: 6:15PM-7:45PM

REGISTER BY: 08/07/25



FREE!



TEEN SKATE NIGHT

AGES 12-15: 4:30PM-6:00PM


SEPT 11TH

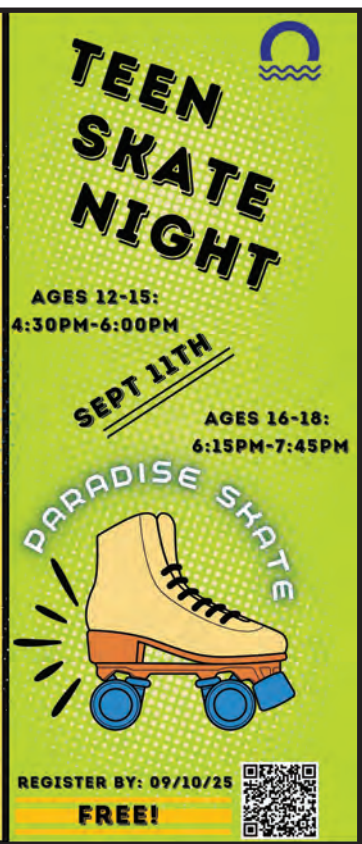
AGES 16-18: 6:15PM-7:45PM

PARADISE SKATE

REGISTER BY: 09/10/25

FREE!





FREE | AGES 13-17*

TEEN EXPLORATION SUMMER CAMP



Includes tours to Bay Area universities and schools, hikes, LinkedIn, and more!

Register Here



**For Antioch residents and/or AUSD students.*

**JUNE 16-JULY 25
M-F | 9AM-3PM**

**Call 925-436-9930
for more information**

**FUN & CREATIVE
ALL ARE WELCOME!**

ANTIOCH COUNCIL OF TEENS

*** 6th-12th graders ***

Antioch Council of Teens (ACT) serve as representatives for teens in their community, create fun events for teens, and participate in leadership opportunities.

Dinner & snacks always provided!

Meets every 2nd & 4th Wednesday of the month from 4:00-6:00pm.

Register here!

Email youth@antiochca.gov or visit us at antiochca.gov/ACT for more information



FREE!



LIVE
DJ

Teen
**END OF SCHOOL
BLOCK PARTY**

Register Here



THURS JUNE 12

WALDIE PLAZA

FOOD - GAMES - GIVEAWAYS - ACTIVITIES
& MORE! | 12-18 YEARS | IDs REQUIRED



**6-8
PM**

*For Antioch residents and/or AUSD students.

ANTIOCH RECREATION PRESCHOOL ACADEMY



3.25-5 YEARS

Welcome to our Preschool Academy where your child will be encouraged to use their imagination and develop an early love of school and learning while building self-confidence and self-esteem. We will work on mastering pre-writing, pre-math, colors, shapes, numbers, and letters. Accommodating the uniqueness of young children using a developmentally appropriate curriculum, all in a nurturing and loving environment. Preschoolers each get their own Academy Kit filled with materials for projects, art, and play. Children must be fully potty trained. Registration must be completed no later than noon, the Friday before each session begins.

For additional information, visit: antiochca.gov/preschool

Morning Preschool Academy

Antioch Community Center • Instructor: Cindy Pang
Monday–Thursday

#11964	6/2-6/12	8:30AM-11:30AM	\$252R/\$277NR
#11835	8/4-8/28	8:30AM-11:30AM	\$504R/\$554NR
#11836	9/8-9/25	8:30AM-11:30AM	\$378R/\$415NR

Afternoon Preschool Academy

Antioch Community Center • Instructor: Jacqueline Chen
Tuesday & Thursday

#11837	6/3-6/26*	1:00PM-4:00PM	\$221R/\$243NR
#11838	7/8-7/31	1:00PM-4:00PM	\$252R/\$277NR
#11839	8/5-8/28	1:00PM-4:00PM	\$252R/\$277NR
#11840	9/9-9/25	1:00PM-4:00PM	\$189R/\$208NR

*No class: 6/19

Summer Weekly Sessions!

Antioch Community Center • Instructor: Ariana Rizarri
Monday-Thursday Mornings • 8:30AM-11:30AM

#11965	Little Big Top	6/23-6/26	\$126R/\$139NR
#11966	Splash, Splash	6/30-7/3	\$126R/\$139NR
#11967	Adventure Island	7/7-7/10	\$126R/\$139NR
#11968	Mighty Minis Academy	7/14-7/17	\$126R/\$139NR
#11969	Little Sprouts Farm	7/21-7/24	\$126R/\$139NR
#11970	Back In Time	7/28-7/31	\$126R/\$139NR

Scan the QR Code
for more information
about Antioch
Recreation Preschool
Academy



DANCE & TUMBLING

1-3 YEARS

Tiny Steps

You and your little one can join us in this all-abilities class while we explore creative movement games and activities and learn basic dance and tumbling skills. *(Parent/guardian participation is required)*

Antioch Community Center • Instructor: Be Exceptional
Saturday

#11889	6/7-7/12*	9:00AM-9:45AM	\$67R/\$77NR
#11890	8/23-9/27*	9:00AM-9:45AM	\$67R/\$77NR

*No class 7/5, 8/30

2-3 YEARS

Tumblebugs

Let your little bug have fun while learning basic tumbling skills. This class incorporates tumbling activities to enhance motor skills, balance, swinging, jumping, flexibility and strength. Please wear comfortable clothes and bare feet.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#11891	6/7-7/12*	10:00AM-10:45AM	\$67R/\$77NR
#11892	8/23-9/27*	10:00AM-10:45AM	\$67R/\$77NR

*No class 7/5, 8/30



3-4 YEARS

Tumble Tots

Join us in this all-abilities class while we learn the basics of gymnastics and tumbling skills. Workout/dance attire and bare feet required.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#11893	6/7-7/12*	11:00AM-11:45AM	\$67R/\$77NR
#11894	8/23-9/27*	11:00AM-11:45AM	\$67R/\$77NR

*No class 7/5, 8/30



Adaptive Recreation & Inclusion Programs

Be Exceptional provides recreational classes and social events for individuals facing developmental, physical, and emotional challenges.

3-5 YEARS

Storybook Ballet

Join us for a creative ballet class where we dance our way through popular children's ballet stories. Please wear a leotard and ballet shoes.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#11895	6/7-7/12*	10:00AM-10:45AM	\$67R/\$77NR
#11896	8/23-9/27*	10:00AM-10:45AM	\$67R/\$77NR

*No class 7/5, 8/30

4-6 YEARS

Boogie to the Beat

This fun-filled class includes jazz, hip hop, and dance games that will have your kid movin' to the beats! This upbeat creative dance class will help teach the basics of body movement, musicality, and dance skills.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#11897	6/7-7/12*	9:00AM-9:45AM	\$67R/\$77NR
#11898	8/23-9/27*	9:00AM-9:45AM	\$67R/\$77NR

*No class 7/5, 8/30



DANCE & TUMBLING

5-7 YEARS

Intro to Gymnastics and Tumbling

This fun, introductory class will have your gymnast balancing on the beam, bouncing on the trampoline, and tumbling across the floor. Bare feet and workout/dance attire required.

Antioch Community Center • Instructor: Be Exceptional

Saturday

#11899	6/7-7/12*	9:00AM-9:45AM	\$67R/\$77NR
#11900	8/23-9/27*	9:00AM-9:45AM	\$67R/\$77NR

*No class 7/5, 8/30



6-10 YEARS

Fun with Cheer

Learn all the fundamentals of cheerleading. Cheers, Motions, Dance, Jumps, Kicks, Voice projection and beginning tumbling. Please wear comfortable clothing and cheer shoes or tennis shoes.

Antioch Community Center • Instructor: Be Exceptional?

Saturday

#11901	6/7-7/12*	11:00 AM-11:45 AM	\$67R/\$77NR
#11902	8/23-9/27*	11:00 AM-11:45 AM	\$67R/\$77NR

*No class 7/5, 8/30

8-12 YEARS

Beginning Gymnastics & Tumbling

This fun beginning class will have your gymnast balancing on the beam, bouncing on the trampoline, and tumbling across the floor. Workout/dance attire and bare feet required.

Antioch Community Center • Instructor: Be Exceptional

Saturday

#11903	6/7-7/12*	10:00AM-10:45AM	\$67R/\$77NR
#11904	8/23-9/27*	10:00AM-10:45AM	\$67R/\$77NR

*No class 7/5, 8/30

ENRICHMENT

5-14 YEARS

Chess Class

Chess starters class is designed for participants with no experience and provides for a strong foundation in the rules and strategies needed to play the game. Chess Advanced class is designed for participants who were in a previous Intermediate class or with knowledge and is the opportunity to keep learning and to play in a higher level. In addition to learning the fundamentals, these classes will promote the growth and development of skills concentration, logic, decision making, planning, and self-discipline. All classes' participants can also participate in training games with other participants. Fee includes a Chess RBA Ribbon Award.

Antioch Community Center • Instructor: Manuel Minzer

Starters | Sunday

#11846	6/1-7/20*	10:05AM-11:00AM	\$105R/\$116NR
#11847	8/3-9/21*	10:05AM-11:00AM	\$105R/\$116NR

Advanced | Sunday

#11848	6/1-7/20*	11:05AM-12:00PM	\$105R/\$116NR
#11849	8/3-9/21*	11:05AM-12:00PM	\$105R/\$116NR

*No class 7/6, 8/31

5-14 YEARS

Chess Camp

Summer Chess camp promotes the growth and development of skills in concentration, logic, decision making, planning, and self-discipline. Participants will play in training games with other participants. Participants should bring a water bottle and snacks. Fee includes a ribbon award at the end of the program.

Antioch Community Center • Instructor: Manuel Minzer

Monday-Friday

#11841	6/23-6/27	1:30PM-4:30PM	\$175R/\$193NR
#11842	7/14-7/18	1:30PM-4:30PM	\$175R/\$193NR



MARTIAL ARTS

4-6 YEARS

Max Academy: Panda

The Max Academy Panda Cub Club is a physical and mental developmental program that helps young students enhance their coordination, locomotor skills, and balance. Simultaneously, students will learn important character skills like respect, focus, and perseverance. Max Academy Pandas love our classes, the chance to be with their friends, and the time they spend with their instructors.

Antioch Community Center • Instructor: Max Academy
Wednesdays

#11908	6/4-6/25	4:30PM-5:00PM	\$80R/\$90NR
#11909	7/9-7/30	4:30PM-5:00PM	\$80R/\$90NR
#11910	8/6-8/27	4:30PM-5:00PM	\$80R/\$90NR
#11911	9/3-9/24	4:30PM-5:00PM	\$80R/\$90NR



7-12 YEARS

Max Academy: Juniors

At Max Academy, Junior students develop their athleticism, learn self-defense techniques, and cultivate character traits essential to their growth, such as respect, focus, and perseverance. Our martial arts program offers a comprehensive learning experience. In addition to engaging in fast-paced drills and games, students can make new friends and receive guidance from caring instructors. Our students consistently express their enjoyment of the program, making it a fulfilling and fun experience.

Antioch Community Center • Instructor: Max Academy
Wednesdays

#11912	6/4-6/25	5:15PM-6:00PM	\$80R/\$90NR
#11913	7/9-7/30	5:15PM-6:00PM	\$80R/\$90NR
#11914	8/6-8/27	5:15PM-6:00PM	\$80R/\$90NR
#11915	9/3-9/24	5:15PM-6:00PM	\$80R/\$90NR

COOKING

8-12 YEARS

Kidlicious Cooking Class

Embrace your inner chef with this fun cooking class! Learn how to make cuisine from all over the world while building your skills to become a better chef! Learn how to prep, chop, cook and season, while getting to taste these new creations. Make your little chef dreams come true.

Antioch Community Center • Instructor: Recreation Staff
Tuesday

#11859	8/5-8/26	4:30PM-5:30PM	\$55R/\$65NR
#11860	9/9-9/30	4:30PM-5:30PM	\$55R/\$65NR



13-15 YEARS

Future Foodies Cooking Class

Calling all aspiring chefs! If you're a teen with a passion for food or just looking to learn your way around the kitchen, Future Foodies is the perfect place to start. This hands-on cooking class is designed for teens who want to explore the art of cooking and develop essential culinary skills.

Antioch Community Center • Instructor: Recreation Staff
Tuesday

#11861	8/5-8/26	6:00PM-7:00PM	\$55R/\$65NR
#11862	9/9-9/30	6:00PM-7:00PM	\$55R/\$65NR

YOUNG ARTISAN WORKSHOPS

6-9 YEARS

Slime Lab

In this exciting workshop, children will embark on a journey of creativity and discovery as they explore the fascinating world of slime-making. From glittery galaxies to gooey monsters, the possibilities are endless! Join us for a messy adventure filled with laughter, learning, and lots of slimey fun!

Antioch Community Center • Instructor: Recreation Staff
First Wednesday of the Month

#11863	6/4	6:00PM-6:45PM	\$17R/\$27NR
#11864	7/2	6:00PM-6:45PM	\$17R/\$27NR
#11865	8/6	6:00PM-6:45PM	\$17R/\$27NR
#11866	9/3	6:00PM-6:45PM	\$17R/\$27NR

8-12 YEARS

Clay Makers

This fun introduction to the basics of clay and sculpting techniques is crafted to unleash one's imagination and foster artistic expression through the versatile medium of clay. From cups to figurines & statues, this workshop explores the dynamic nature of creating with clay.

Antioch Community Center • Instructor: Recreation Staff
Thursday

#11867	6/20	5:00PM-6:30PM	\$20R/\$30NR
#11868	7/18	5:00PM-6:30PM	\$20R/\$30NR
#11869	8/15	5:00PM-6:30PM	\$20R/\$30NR
#11870	9/19	5:00PM-6:30PM	\$20R/\$30NR

8-12 YEARS

Scrap & Sketch

In this fun and interactive workshop, participants will explore the art of turning everyday scraps, doodles, and found objects into unique and personalized journals. Learn techniques like collage, creative lettering, and mixed media design to express your thoughts, memories, and imagination in exciting new ways. No experience is needed—just bring your curiosity, creativity, and a love for crafting! Supplies provided. Participants are encouraged to collect and bring scraps, photos or other personalized items to add to their journal.

Antioch Community Center • Instructor: Recreation Staff
2nd Wednesdays of the Month

#11872	7/9	5:00PM-6:00PM	\$17R/\$27NR
#11873	8/13	5:00PM-6:00PM	\$17R/\$27NR
#11874	9/10	5:00PM-6:00PM	\$17R/\$27NR

8-14 YEARS

Anime Draw-a-thon

Welcome to an evening of drawing where we will put our creative skills to the test against different drawing challenges, with an anime theme! Artists of all levels are invited to join and flex their skills. Come equipped with your favorite art supplies, a sketchbook, and your creativity!

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#11843	6/26	5:00PM-7:00PM	\$20R/\$30NR
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8-14 YEARS

Comic Book Creators Jam

Challenge yourself to create cool characters and wild stories in a day all about comics! We'll go through several activities highlighting the creative process and leave with a cool cast of original characters and a comic sketch book of your own creation.

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#11844	7/10	4:30PM-6:30PM	\$20R/\$30NR
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8-14 YEARS

Origami Studio

Flapping cranes! Extreme airplanes! Ninja stars! For those new to folding paper or those wanting to challenge their crafting skills, this class will show you the many kinds of models and toys you can make with just a simple square of paper. Materials provided by instructor.

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#11845	7/17	5:00PM-7:00PM	\$20R/\$30NR
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PAINT NIGHT

5-12 YEARS

Kid's Paint Night

Drop the phone, ditch the tablet, step away from the T.V.! Join Friday paint night and create a masterpiece to take home in our fun step by step painting class. Children will learn by watching demonstrations and then apply these techniques learned to their painting. Supplies will be provided.

Antioch Community Center • Instructor: Recreation Staff

5-8 Years | Friday Night

#11850	6/13	4:30PM-5:15PM	\$17R/\$27NR
#11851	7/11	4:30PM-5:15PM	\$17R/\$27NR
#11852	8/8	4:30PM-5:15PM	\$17R/\$27NR
#11853	9/12	4:30PM-5:15PM	\$17R/\$27NR

9-12 Years | Friday Night

#11854	6/13	5:30PM-6:30PM	\$17R/\$27NR
#11855	7/11	5:30PM-6:30PM	\$17R/\$27NR
#11856	8/8	5:30PM-6:30PM	\$17R/\$27NR
#11857	9/12	5:30PM-6:30PM	\$17R/\$27NR

SKATEBOARDING

8 YEARS & UP

Skateboard Lessons

Skateboarding lessons for all-abilities where beginners to experts can develop and build upon their skateboarding skills. Please bring a helmet and pads. A skateboard can be provided for use during the lesson if needed.

Antioch Skatepark

Instructor: Be Exceptional

Saturdays

#11905	6/7-7/12*	10:00 AM-11:00AM	\$67R/\$77NR
#11906	8/23-9/27*	10:00 AM-11:00AM	\$67R/\$77NR

*No class 7/5, 8/30



BALLET FOLKLORICO

7-13 YEARS

Ballet Folklorico de Antioch

The children's dance class will focus on the fundamentals of Ballet Folklorico, learning about the cultural dances focused on various regions throughout Mexico. No experience is needed. This is a beginner level course. Students will learn various dance steps, work in groups, and prepare several choreographed pieces.

Material Fee: \$150 (shoe and skirt payment paid to Instructor)

Antioch Water Park • Instructor: Sarah Phelan

Mondays & Wednesdays

#12341	6/2-9/29*	4:00PM-5:00PM	FREE
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*No class 6/9, 6/11, 7/7-8/1



14 YEARS & UP

Ballet Folklorico de Antioch

Covering dances across all regions of Mexico, dancers from all levels of experience can expect an intensive cardio 2-hour class. Shoes are provided unless dancers provide them on their own. Stamina Building, Footwork Technique, and Staged Choreography are the main components to each class. The group will work together to prepare a program of dances to present at future community events. **Material Fee: \$150 (shoe and skirt payment paid to Instructor)**

Antioch Water Park • Instructor: Sarah Phelan

Mondays & Wednesdays

Beginners

#12342	6/2-9/29*	5:00PM-6:00PM	FREE
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Intermediate

#12357	6/2-9/29*	6:00PM-7:00PM	FREE
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Advanced**

#12343	6/2-9/29*	7:00PM-8:00PM	FREE
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*No class 6/9, 6/11, 7/7-8/1. **Advanced class is audition based and participant must be 17 years & older.



The Antioch Youth Sports program is designed to offer low cost, accessible sports classes with progressive curriculum so that participants can develop their skills as they learn and grow. Each class will include drills and structure play to teach the fundamentals of different sports to participants with a focus on teamwork and building confidence.

MULTI-SPORT

4-6 YEARS

Multi-Sport Adventures

This program introduces children to a range of sports in a fun, engaging, and supportive environment using child-friendly equipment. During the 6 weeks, participants will learn the basics to 3 different sport activities while focusing on skill development, coordination, body movement, and sportsmanship.

Chichibu Park • Instructor: Antioch Youth Sports Staff
Tuesday

#11821	6/10-7/15	6:00PM-6:45PM	\$30R/\$40NR
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FLAG FOOTBALL

8-10 YEARS

Flag Football—Rookies

This fun-filled flag football class is designed for kids who want to learn the fundamentals of football in a safe and non-contact environment, preparing participants for our NFL Flag Football league that runs in the fall. Participants will develop essential skills such as passing, catching, running, and defensive techniques through engaging drills, teamwork-focused activities, and mini-games.

Antioch Community Park—Soccer Fields

Instructor: Antioch Youth Sports Staff

Wednesday

#11822	7/30-8/20	6:00PM-6:45PM	\$30R/\$40NR
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Thursday

#11823	7/31-8/21	6:00PM-6:45PM	\$30R/\$40NR
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10-12 YEARS

Flag Football—All-Stars

This fun-filled flag football class is designed for kids who want to build on the fundamentals of football in a safe and non-contact environment, preparing participants for our NFL Flag Football league that runs in the fall. Participants will enhance their understanding of the game while developing advanced techniques in passing, receiving, route running, defensive coverage, and teamwork.

Antioch Community Park—Soccer Fields

Instructor: Antioch Youth Sports Staff

Wednesday

#11824	7/30-8/20	7:00PM-7:45PM	\$30R/\$40NR
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12-14 YEARS

Flag Football—Champions

This dynamic flag football class is tailored for young athletes who want to sharpen their skills and deepen their understanding of the game in a competitive yet non-contact setting, preparing participants for our NFL Flag Football league that runs in the fall. Participants will focus on advanced techniques, team strategies, and game scenarios while fostering teamwork and leadership skills.

Antioch Community Park—Soccer Fields

Instructor: Antioch Youth Sports Staff

Thursday

#11825	7/31-8/21	7:00PM-7:45PM	\$30R/\$40NR
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TENNIS

7 YEARS & UP

Family Tennis—Beginner/Intermediate

Progressive curriculum is designed for the beginning and intermediate tennis players. Family Tennis can include children with their parents or relatives to learn with young players. Learn and develop strokes, skills, movement, eye-hand coordination, racket control and play games. **Please note each family member signs up and registers to play.*

Chichibu Park Tennis Courts • Zonia Alston

7+ Years—Tuesday

#12323	6/3-6/24	6:00PM-6:50PM	\$74R/\$84NR
#12324	7/1-7/22	6:00PM-6:50PM	\$74R/\$84NR
#12325	8/5-8/26	6:00PM-6:50PM	\$74R/\$84NR
#12326	9/2-9/23	6:00PM-6:50PM	\$74R/\$84NR

13+ Years—Tuesday

#12327	6/3-6/24	7:00PM-7:50PM	\$74R/\$84NR
#12328	7/1-7/22	7:00PM-7:50PM	\$74R/\$84NR
#12329	8/5-8/26	7:00PM-7:50PM	\$74R/\$84NR
#12330	9/2-9/23	7:00PM-7:50PM	\$74R/\$84NR



13 YEARS & UP

Tennis Mixer—Intermediate/Advanced

Class sessions include games, strategy, and matches for intermediate to advanced players.

Chichibu Park Tennis Courts • Instructor: Zonia Alston

Tuesday

#12331	6/3-6/24	8:00PM-8:50PM	\$74R/\$84NR
#12332	7/1-7/22	8:00PM-8:50PM	\$74R/\$84NR
#12333	8/5-8/26	8:00PM-8:50PM	\$74R/\$84NR
#12334	9/2-9/23	8:00PM-8:50PM	\$74R/\$84NR

SOCCER

4-6 YEARS

Little Kickers

Introduce your child to the sport of soccer. Classes primarily focus on ballhandling, getting players comfortable with dribbling, passing, and introducing juggling. Small pug goals will be used for drills and games.

Antioch Community Center • Antioch Youth Sports Staff

Tuesday

#11826	9/2-9/23	4:00PM-4:45PM	\$30R/\$40NR
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7-9 YEARS

Sweepers

In this class, players will continue to develop their ball skills. Defensive skills and tactics will be added for each young athlete to grow as all around soccer players.

Antioch Community Center • Antioch Youth Sports Staff

Tuesday

#11827	9/2-9/23	5:00PM-5:45PM	\$30R/\$40NR
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BASKETBALL

4-6 YEARS

Little Dribblers

Introduce your child to the sport of basketball. Classes primarily focus on ballhandling, getting players comfortable with dribbling, passing, catching, and using pivots. Adjustable hoops will be used, progressing in height as needed.

Antioch Community Center • Antioch Youth Sports Staff
Thursday

#11830 9/4-9/25 4:00PM-4:45PM \$30R/\$40NR



7-9 YEARS

Jump Shooters

There is only one way to win a game; score more points than the other team! Ballhandling skills are covered, with an added focus on layups, pull ups, and jump shots.

Antioch Community Center • Antioch Youth Sports Staff
Thursday

#11831 9/4-9/25 5:00PM-5:45PM \$30R/\$40NR

VOLLEYBALL

9-11 YEARS

Beginning Spikers

In this class, players will focus on fundamental skills and team play in a fun supportive environment. Learn basic techniques such as serving, passing, setting, and hitting. Whether your child is new to the sport or has some basic experience, our staff coaches are here to nurture their development and love for the game.

Antioch Community Center • Instructor: Antioch Youth Sports Staff
Tuesday

#11828 9/2-9/23 4:00 PM-4:45PM \$30R/\$40NR

11-13 YEARS

Intermediate Spikers

This class is designed for players looking to enhance their skills while having fun! This class is perfect for individuals with some prior experience in volleyball who want to refine their techniques, improve their game strategies, and enjoy friendly competition.

Antioch Community Center • Instructor: Antioch Youth Sports Staff
Tuesday

#11829 9/2-9/23 5:00PM-5:45PM \$30R/\$40NR

ANTIOCH CALIFORNIA *apply today!*
Youth Activity Scholarships

Applications are available at:
antiochca.gov/RecFinancialAssistance
 Program runs now through December 2025
 Applications accepted on an on-going basis while funds last

DROP-IN SPORTS

14 YEARS & UP (ID required, ages 14-17 must have signed waiver on file)

Teen & Adult Drop-In Volleyball

Antioch Community Center

Tuesday Evenings | 7:30PM-9:30PM

Sunday Evenings* | 5:30PM-7:30PM

\$5 each visit payable at ACC front desk.

*No open gym on 6/15 & 8/31

18 YEARS & UP (ID REQUIRED)

Adult Drop-In Basketball

Antioch Community Center

Sunday Evenings* | 8:00PM-9:30PM

\$5 each visit payable at ACC front desk.

*No open gym on 6/15 & 8/31

18 YEARS & UP (ID REQUIRED)

Adult Drop-In Pickleball

Antioch Community Center

Tuesday and Thursday* Mornings | 9:00AM-11:00AM

\$5 each visit payable at ACC front desk.

*No open gym on 6/19



CITY OF ANTIOCH

Adult Softball League

AGES 18 +

OPEN SOFTBALL LEAGUE

Adult softball leagues are offered by the City of Antioch. 12 week seasons will run mid-July to end of October. Games Are Played at Antioch Community Park Fields 1 & 2. Each division will culminate in a 4-team playoff tournament. Registration packets can be picked up at the Antioch Community Center or sent via email by contacting sports@antiochca.gov

TEAM FEE: \$1,000

All registration packets must be submitted in-person at the Antioch Community Center no later than **June 27th at 5:00pm**. Must be paid by cash, check or credit card.

*No games on 9/1

DIVISIONS:

Monday: Women's D and E

Thursday: Men's D and E

Friday: Men's D and E

CITY OF
ANTIOCH
CALIFORNIA



DRIVERS ED

15 YEARS & UP

Online Driver's Education

This is an online program—all students must have access to the internet! The DMV allows teens to receive their Learner's Permit at age 15 1/2, and a license at age 16. This class is the FIRST, required step that must be completed. This is an online course with videos, animated driving scenarios, and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Once students are registered, they will be contacted by the instructor.

Online Class • Instructor: Bay Area Driving School
Any Day

#11907	6/1-9/27	Ongoing Registration	\$50R/\$60NR
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15 YEARS & UP

Online Driver's Education—Hybrid Class Instruction

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident-avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion.

Please text your name & email address to 510-886-1016 once you've registered so we can send the link and login credentials immediately.

Online Class • Instructor: Bay Area Driving School
Monday-Friday

#12337	6/9-6/13	9:00AM-12:00PM	\$235R/\$259NR
#12338	6/23-6/27	9:00AM-12:00PM	\$235R/\$259NR
#12339	7/14-7/18	9:00AM-12:00PM	\$235R/\$259NR
#12340	8/4-8/8	9:00AM-12:00PM	\$235R/\$259NR



FITNESS

16 YEARS & UP

Tai Chi & Chi Gong

Ancient Chinese slow meditative and flowing movements with deep breathing designed to reduce stress, relieve pain, improve memory and balance while generating positive energy for all. No experience needed.

Antioch Community Center • Instructor: Rocky Muir
Thursday

#11883	6/26-7/31	9:00AM-10:00AM	\$60R/\$70NR
#11884	8/21-9/25	9:00AM-10:00AM	\$60R/\$70NR



13 YEARS & UP

Zumba with Karina

Zumba with Karina is a very exciting dance fitness party with an atmosphere full of Latin and International music. You'll forget you're working out with its fun and simple moves. Best of all, you don't need any previous dance experience! Drop-in rate is \$15 per class. Registration must be completed by noon on the Friday before session start date.

Antioch Community Center • Instructor: Karina Dugand
Monday

#11885	6/2-6/30	7:15PM-8:15PM	\$69R/\$79NR
#11886	7/7-7/28	7:15PM-8:15PM	\$55R/\$65NR
#11887	8/4-8/25*	7:15PM-8:15PM	\$42R/\$52NR
#11888	9/8-9/29	7:15PM-8:15PM	\$55R/\$65NR

*No class 8/11

5 YEARS & UP

Aztec Dance

In Lak'Ech is a traditional Aztec Danza group. We teach part of our culture and many other cultures through dance, art, and music. We focus on youth and families to come learn what the dances mean, where they come from and how they relate to our daily life and community. This is also something the whole family can do together.

Antioch Community Center • Instructor: Manuel Garcia
Tuesdays & Thursdays

#11956	6/3-9/30	6:00PM-8:00PM	FREE
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17 YEARS & UP

Hula Hoop Fitness

Ready, set, go!! Join a 45-minute exciting hula hoop workout session that will relieve stress and anxiety, build strength, burn calories, train your waist, all while improving your cardio endurance. It is also a great way to learn how to hula hoop, meet people, network, or just get away to have some time to yourself.

Antioch Community Center • Instructor: Emerald Milan
Wednesday

#11879	6/4-6/25	7:00PM-7:45PM	\$50R/\$60NR
#11880	7/2-7/30	7:00PM-7:45PM	\$63R/\$73NR
#11881	8/6-8/27	7:00PM-7:45PM	\$50R/\$60NR
#11882	9/3-9/24	7:00PM-7:45PM	\$50R/\$60NR

17 YEARS & UP

Gentle Yoga Hybrid Class

Join in person or online to this gentle yoga class that begins with stress relieving relaxation and eases into gentle yoga postures as well as myofascial release. Please bring a yoga mat and towel or a small pillow to each class. A class passcode and link will be emailed the Friday before class starts.

Antioch Community Center • Instructor: Lu Kovalick
Mondays

#11876	6/2-6/23	6:00PM-7:00PM	\$52R/\$62NR
#11877	7/7-7/21	6:00PM-7:00PM	\$39R/\$49NR
#11878	8/18-9/15*	6:00PM-7:00PM	\$52R/\$62NR

*No class 9/1

Never Tried Yoga?

Now's your chance to give it a try! We're offering FREE Yoga classes, perfect for beginners. No experience needed—just bring your mat and an open mind!



Monday

#11875	9/22	6:00PM-7:00PM	FREE
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18 YEARS & UP

Sound Therapy

Experience the power of mindful breathing and sound therapy in this 60-minute class designed for all levels, including beginners. Release stress, find balance, and reconnect with your inner self through calming breath techniques and therapeutic sound vibrations. Join us this summer at the Antioch Community Center for a journey of relaxation and renewal. **Please bring a mat, pillow, or small blankets to ensure your utmost comfort throughout the session.**



Antioch Community Center • Instructor: Toniqua Shaw
Wednesday

#11916	6/4-6/25	7:00PM-8:00PM	\$55R/\$65NR
#11917	7/9-7/30	7:00PM-8:00PM	\$55R/\$65NR
#11918	8/6-8/27	7:00PM-8:00PM	\$55R/\$65NR
#11919	9/3-9/24	7:00PM-8:00PM	\$55R/\$65NR

PERSONAL GROWTH

15 YEARS & UP

Food Manager Training & Certification

Gain the knowledge and skills of entry-level food management. The Food Safety Manager Certification Examination (FSMCE) is accredited under exam standards set by the National Registry Food Safety Professionals (NRFSP). It is accepted throughout the United States and meets regulatory requirements.

Antioch Community Center • Instructor: Definitive Safety Group
Saturday Only

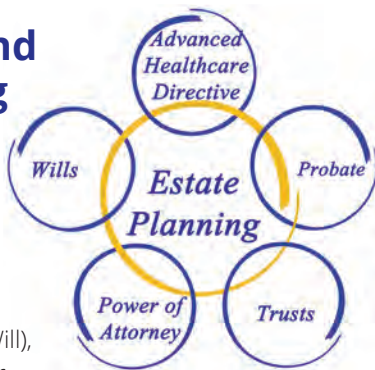
#12355	7/19	9:00AM-3:30PM	\$155R/\$170NR
#12356	9/20	9:00AM-3:30PM	\$155R/\$170NR



18 YEARS & UP

Wills, Trusts, and Estate Planning

It's never too late to plan. Learn all you need to know to make sure your family is safe and financially secure during life changes. Topics: Living Trusts, Wills, Durable Powers of Attorney (Living Will), naming a guardian for minor children, joint tenancies, avoiding estate taxes and probate fees.



Antioch Community Center • Instructor: Randall Thompson
Tuesday

#12319	8/12	7:00PM-8:30PM	\$30R/\$40NR
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Park Highlight



Chichibu Park

Discover the Beauty of Chichibu Park! Named after our beloved sister city in Japan, Chichibu Park offers a perfect blend of recreation and relaxation for all ages. Enjoy a friendly game on the bocce courts or challenge yourself on the tennis courts. Fire up the BBQ grills and gather around the picnic tables for a delightful outdoor meal.



Kids will love exploring the three play structures and swinging high on the swing sets, while nature lovers can stroll through the beautifully landscaped Japanese gardens. With plenty of open field space for sports, lounging, or simply soaking up the scenery, Chichibu Park is the perfect spot for your next outdoor adventure.

Come visit and experience a little piece of Japan right in our community!



3116 Acorn Rd,
Antioch, CA 94509

Expand your skills online.

The City of Antioch offers a variety of online education classes.

Sign up today at:
www.ed2go.com/antiochrec

How to get started: 1) Visit our Online Instruction Center at: www.ed2go.com/antiochrec; 2) Search for courses or subjects that you are interested in and click the Enroll Now button; 3) Checkout and pay. Follow online instructions to complete your purchase and sign-in or create a login.

REQUIREMENTS: All courses require internet access, e-mail, and web browser. Some courses may have additional requirements.



Adopt-a-Trail

Help us beautify Antioch!

Join this rewarding and educational community program that offers volunteer opportunities for individuals, groups and businesses!

To become a volunteer for the adopt-a-trail program and view our interactive trail map, scan the QR code:



ANTIOCH
CALIFORNIA
OPPORTUNITY LIVES HERE





THE ANTIOCH SENIOR CENTER

The Antioch Senior Center is offering quality and engaging programs to the community! We are open to adults, 50 years & up, looking for activities, trips, friendships, and hot meals.

Visit the Antioch Senior Center at 415 W. 2nd Street
Mondays-Fridays from 8:00AM to 4:00PM
Front Desk: (925) 779-7074

SENIOR SERVICES

Café Costa



Café Costa (formerly known as CoCo Cafe) is open to adults 50 years & up. Meals served daily at 11:30am. All meals served at the Antioch Senior Center are low-sodium and low-fat. You are required to register prior to starting the nutrition program. Suggested donations: \$3 for 60+. Mandatory: \$6 fee for under 60. For meal reservations call (925) 779-7072. Reservations must be made by 11:15am the business day prior. Hot nutritious lunches provided daily by Contra Costa County.

Tri Delta Transit

Tri Delta Transit's paratransit transportation includes two programs. ADA paratransit transportation and Senior (Age 65+) paratransit transportation. ADA Paratransit is limited to individuals who are unable to use fixed route public transportation some or all the time due to a disability or health related condition. Senior (Age 65+) paratransit transportation provides local door-to-door public transportation to individuals who are 65 years of age or older. This transportation is limited to those registered with Tri Delta Transit's Accessible Services program. Travel is limited to Tri Delta Transit's service area in eastern Contra Costa County, and is subject to ride availability. To inquire about the program visit www.trideltatransit.com, call (925) 706-4398 or email accessibleservices@eccta.org. To book a ride, call (925) 754-3060.

Meals on Wheels

Meals on Wheels Diablo Region is a full-service organization dedicated to improving all aspects of a senior's life. Meals on Wheels focus on a range of needs from nutrition to social interaction, fall prevention, and health and wellness.

Mondays, Drop-in, Mno Dining Hall

9:00AM-11:00AM

HICAP, the Health Insurance Counseling and Advocacy Program

Provides free, unbiased education, counseling and advocacy about Medicare. HICAP helps people understand how Medicare works and how to make informed choices. Call HICAP at (925) 655-1393 to make an appointment.

3rd Tuesday of every month, by appointment only

1:00PM-4:00PM



Legal Assistance

Contra Costa Senior Legal Services provides free legal advice, assistance, representation, advocacy, and education for Contra Costa County residents aged 60 and older. Please call (925) 609-7900.

2nd Monday of each month, by appointment only

9:00AM-12:00PM

3rd Monday of each month, by appointment only

10:00AM-12:00PM

CLASSES

50 YEARS & UP

Rivercity Uke Jam

Welcome to the intermediate Ukelele Techniques class. This course is designed for ukelele enthusiast who are eager to take their skills to the next level. You will learn various strumming patterns, chord progression, song interpretation and performance techniques.

Antioch Senior Center • Instructor: Robbie Myers
Wednesday

#12351	5/14-6/18	12:30PM-1:30PM	\$27R/\$37NR
#12352	6/25-7/30	12:30PM-1:30PM	\$27R/\$37NR
#12353	8/6-9/10	12:30PM-1:30PM	\$27R/\$37NR
#12354	9/17-10/22	12:30PM-1:30PM	\$27R/\$37NR

WORKSHOPS & SERVICES

Drop-In Tech Support

NEW DAY ADDED: Every Monday & Wednesday from 9:00AM-11:00AM

Having trouble with your smart phone, tablet or computer? Visit our Drop-In Tech Support at the Antioch Senior Center! Our tech support volunteer is here to help you!

Friendship Circles

Contra Costa County Peer Counseling introduces Friendship Circles, a welcoming space for both men and women to come together and share experiences, challenges, and achievements as we navigate aging. These informal, drop-in groups provide a relaxed environment for those who feel comfortable engaging in group discussions. All are welcome!

Women's Group	2nd & 4th Tuesday of every month	12:00PM-1:00PM
Men's Group	2nd & 4th Wednesday of every month	12:00PM-1:00PM

AARP Driver Safety Course

AARP Driver Safety Course is specifically designed for drivers ages 50+. In many states, drivers may get a discount on their auto insurance after course completion. The class will take place over 2 days. Call ASC Front Desk to register. Must attend both days to receive certification. Minimum 5 participants to host class or is subject to cancellation. Fee payable to AARP day of class.

Antioch Senior Center • Instructor: AARP Staff
Thursday • 9:30AM-2:00PM • 30-minute lunch break

9/4 \$20 AARP Members/\$25 Non-AARP Members



ANTIOCH SENIOR RESOURCE FAIR

FEATURING 40+ VENDORS

- Health
- Safety
- Legal Aid
- Food Assistance
- Transportation & More!

INTERESTED IN BECOMING A VENDOR?

- \$50 VENDOR REGISTRATION
- \$25 NON-PROFIT VENDOR REGISTRATION

Cal (925) 779-7074 or email seniors@antiochca.gov for more information!

EVENTS & GATHERINGS

June–September 2025

Father's Day | June 13

Join us as we celebrate the fathers and father figures in our community!

Juneteenth Celebration June 18

Come together to celebrate and honor African American history and culture.

Senior BBQ | June 20

With great food, lively music and plenty of fun, it's the perfect way to ick off the summer season and connect with friends!



Carnival | August 8

Get ready for a dazzling and colorful celebration! Come join the parade of fun and let's celebrate in true Carnival style!

End of Summer Senior Water Park Trip August 29

Celebrate the end of summer with a splash at the water park! *Pre-registration required*



Senior Resource Fair September 12

Meet local service providers, learn about resources available to you and discover new ways to improve your health, wellness and quality of life.



Ice Cream Social July 18

Bring your sweet tooth! Cool off and enjoy your favorite ice cream flavors with family and friends!



Western Day July 24

Wear your best cowboy or cowgirl outfit and join is for a day of county music!



Latin Independence Day September 15

Join us as we celebrate Latin Independence Day with music, dance and delicious cuisine!

SENIOR EXCURSIONS

JUNE–SEPTEMBER 2025

We have many great trips to kick off the new year. Register online or in-person at the Antioch Senior Center from 9am-4pm. Call (925) 779-7074 for trip details and costs. Registration is required.

To help you have an enjoyable trip experience please consider the trip level based on physical activities. Determine if the mobility rating is appropriate for your physical health and exploration interest.

Level 1:

At a leisurely pace, this trip involves minimal physical activity, such as light walking (only up to a few city blocks), and short periods of standing. This level would be wheelchair, cane, and walker accessible.

Level 2:

This trip may require some periods of standing and light walking along stairs, inclines, and uneven surfaces. This level would be wheelchair, cane, and walker accessible.

Level 3:

This trip may require substantial periods of walking and standing, sometimes on uneven terrain or stairs. This trip would likely be more difficult for wheelchairs, canes, or walkers.

JUNE

River Fox Train

Level 2: 6/6 | #12345 | Step aboard the historic River fox Train for a scenic journey through Sacramento countryside. Enjoy a relaxing ride with beautiful views and rich history.

Graton Casino

Level 1: 6/28 | #12346 | Try your luck and enjoy a day at the Graton Casino! With over 3,000 slot machines and table game this casino offers many gaming options.

JULY

SF Giants vs NY Mets

Level 2: 7/27 | #12347 | Grab your tickets and join us for a game between SF Giants and the NY Mets. Great baseball, beautiful views, and unforgettable atmosphere.

AUGUST

Feinstein's at Nikko's in San Francisco

Level 1: 8/10 |

#12348 | Looking for an unforgettable day out? Enjoy top-tier live performances at Feinstein's at the Nikko in San Francisco. It's the perfect spot for a day of music and entertainment.



SEPTEMBER

Walt Disney Museum

Level 2: 9/6 | #12349 |

Step into the magic of Disney at the Walt Disney Family Museum. Explore the incredible journey of Walt Disney with interactive exhibits!

Apple Hill

Level 2: 9/25 |

#12350 | Escape to Apple Hill! Pick fresh apples, enjoy homemade pies and explore the charming orchards.



Financial Assistance for Programs & Activities Apply TODAY!

Activity Fee Assistance for adults 50+.

Applications are available at

www.antiochca.gov/recreation/activity-registration

and at the Antioch Senior Center for residents of Antioch.

FEE ASSISTANCE FOR OLDER ADULTS AND SENIORS COORDINATED BY THE ANTIOCH RECREATION DEPARTMENT. FUNDING PROVIDED BY THE CITY OF ANTIOCH. FUNDS ARE LIMITED, PLEASE APPLY EARLY.

CITY OF ANTIOCH CALIFORNIA

WEEKLY DROP-IN ACTIVITIES 50 YEARS & UP **ANTIOCH SENIOR CENTER**

The Antioch Senior Center has various activities, led by volunteers, that take place throughout the week. If you are interested in participating in these drop-in activities, please visit the Antioch Senior Center and complete a membership application packet. For more information, please call (925) 779-7074.

Activity	Description	Class Days	Time
Inner Work of Age	Find meaning to life and dive into different aspects of aging.	Mondays	9:30AM-10:30AM
Beginner Exercise	Low-impact exercise that include movement standing and sitting.	Mon., Wed., Fridays	10:30AM-11:15AM
Cane-do	Train your brain and body with tactics to protect yourself, while improving your physical skills.	Mondays	9:00AM-10:00AM
Intro Kani Ka Pila	Learn ukulele basics!	Mondays	9:00AM-10:00AM
Kani Ka Pila (Let's Play Music)	Bring your guitars, ukuleles, or any instruments that you play, sing along to songs and have a great time!	Mondays	10:00AM-1:00PM
Painting Club	Come paint socially twice a week. Must bring your own supplies!	Mon., Wed.	12:00PM-3:00PM
Pickleball	Pickleball is a fun and easy-to-learn game! Played as doubles or singles.	Mondays & Wednesdays	1:00PM-3:00PM
Knitting & Crocheting	Get together to knit and crochet! Share your ideas and techniques.	Tuesdays	12:30PM-3:00PM
Cribbage	Come play a fun card game of cribbage with others.	Tuesdays	12:00PM-2:00PM
Mindful Tuesday	Our Mindfulness Class is a safe space to connect with your own experience through stretches, movements and breathwork.	Tuesdays	9:30AM-10:00AM
Beginner Sewing	Learn basic sewing skills!	Tuesdays	9:30AM-11:15AM
Pump It Up Reading Class	You will learn basic reading skills, vocabulary and reading comprehensive.	1st & 3rd Tuesdays	9:00AM-10:00AM
Spanish for Beginners	Come learn Intro to Spanish!	Tuesdays	1:00PM-2:00PM
Ukulele	Bring along your ukulele and strum along with friends to new and classic songs.	Wednesdays	10:00AM-11:00AM
Hula Dance	Practice the traditional Hawaiian dance.	Thursdays	8:00AM-10:00AM
Line Dancing	Get in line and dance along.	Thursdays	10:00AM-11:00AM
Ballet Folklorico	Perfect for all skill levels, this class is a great way to stay active.	Thursdays	10:00AM-11:00AM
Bingo	Play the classic game of bingo with us!	Thursdays	1:00PM-3:00PM
Arts & Crafts	We work on a fun weekly craft with friends! Supplies provided while they last.	Fridays	9:30AM-10:30AM
Beginner Piano	Learn the fundamentals of piano with us!	Fridays	9:15AM-10:15AM
Movies	Join us for free movie and popcorn!	Fridays	12:15PM
Guitar Class	Explore basic cords, strumming techniques, and play your favorite songs.	Fridays	1:00PM-3:00PM

MARKET SATURDAZE

Brought To You In Collaboration With Bay Area Backyard Movement



📍 PREWETT FAMILY PARK HILLSIDE

🕒 10AM-2PM

APRIL 5

MAY 3

JUNE 7

JULY 5

SEPTEMBER 6

ANTIOCHCA.GOV/MARKET-SATURDAZE

FOURTH ANNUAL MULTICULTURAL FESTIVAL

AUGUST 2



3PM - 7PM

PREWETT FAMILY PARK HILLSIDE

FOOD TRUCKS - LIVE PERFORMANCES - KIDS ZONE - MUSIC - VENDORS

To Register As A Vendor or Performer, Visit Linktr.ee/BayAreaBackyardMovement

ANTIOCHCA.GOV/MULTICULTURAL-FESTIVAL

ANTIOCH
CALIFORNIA
OPPORTUNITY LIVES HERE



ANTIOCH LIBRARY HOURS

501 W. 18th Street
925-757-9224
Sun & Mon Closed | Tues 12:00PM-8:00PM
Wed & Thu 10:00AM-6:00PM
Fri & Sat 9:00AM-5:00PM

CONTRA COSTA COUNTY LIBRARY

ccclib.org

PREWETT LIBRARY HOURS

4703 Lone Tree Way
925-776-3060
Tues 10:00AM-7:00PM
Wed & Thu 12:00-8:00PM
Fri & Sat 12:00-5:00PM | Sun & Mon Closed

The Antioch and Prewett Libraries continue to provide up-to-date collections, innovative programming, relevant performers, resources, and services to the community.

We celebrated Black History Month with a Young Scientist Workshop by Phelicia Lang, an Oaktown Jazz Storytime and Wild Pages: Sensory Bookmaking. Prewett hosted a Black History Month Search & Find. In addition, Prewett Library hosts a Computer Docent to assist with basic computer instruction Saturday afternoons and Tuesday evenings. Antioch Library hosts a regular and challenging scavenger hunt on Saturdays that often results in fun prizes along with a regular Storytime on Thursdays.

Partnerships with various city, county and not-for-profit organizations will bring employment, mental health and digital literacy resources to the library, making it accessible to our community. Both community libraries offer free access to Wi-Fi along with computer and printing access.

Visit ccclib.org for information about the library and upcoming events.

Regularly Occurring Programs at Antioch Library Children & Families

- Weekly Storytime | Thursdays, 11 AM
- Bilingual Spanish-English Storytime | 3rd Thursday Monthly, 11AM
- Saturday Scavenger Hunts

Teens

- Arts & Crafts
- Gaming | 2nd Thursdays Monthly, 3-4 PM
- Afterschool movies & popcorn

Adults

- Mystery Book Club | 3rd Fridays Monthly, 12 PM
- Daily puzzle station
- Friday Wellness Team
- Friday Meditation, 10 AM | Spanish Meditation, 11 AM



Thank you to the Friends of Antioch Library for their generous support of library programs!

THE FOODIE CREW PRESENTS:

FOOD TRUCK THURSDAYS! ANTIOCH 2025

GREAT FOOD • CRAFT BEER & WINE • MUSIC • FAMILY FUN

Every Thursday from FEBRUARY 6TH thru OCTOBER 30TH



For Food Truck Lineups & To Follow Us: @FOODIECREWSF

FOODIECREW.COM

5-9PM @ ANTIPOCH COMMUNITY CENTER & WATER PARK (LOT)
4703 Lone Tree Way • Antioch

Sponsored in part by The City of Antioch Recreation Department



Make Memories in your community!

PARK HOURS: Dawn to Dusk

RESTROOM HOURS:

Daily Nov. 17-Feb. 5 8AM-2:30PM

Daily Feb. 16-Nov. 16 8AM-7:30PM
(including weekends and holidays)

PICNIC RESERVATIONS AT JENSEN FAMILY GROVE

All yours, all day!

Area	Capacity	Full Day Rate (Dawn to Dusk)
#2	70	\$97
#3	50	\$70
#4	40	\$54

Alcohol Use Permit.....\$26

Bounce House Use Permit...\$26



RESERVATIONS & GUIDELINES

For more information, park use guidelines, and application, visit: www.antiochca.gov/recreation/picnic-rentals-permits. Permits are required to consume alcohol or have a bounce house/jumpy in all city parks. Two picnic areas may be reserved: Jensen Family Grove and Prewett Grand Plaza. All other picnic areas are first come, first serve.



For questions regarding picnic reservations, please call (925) 776-3050



OUTDOOR SPECIAL EVENTS



Events on city streets, in city parks, and at public spaces often require a permit from the Recreation Department. Contact us today with your event details and our staff can guide you on the permit process.

Block Parties are processed by the Antioch Police Department and events on private property are processed by the Community Development Department.

Additional information may be found at: antiochca.gov/recreation/special-event-application

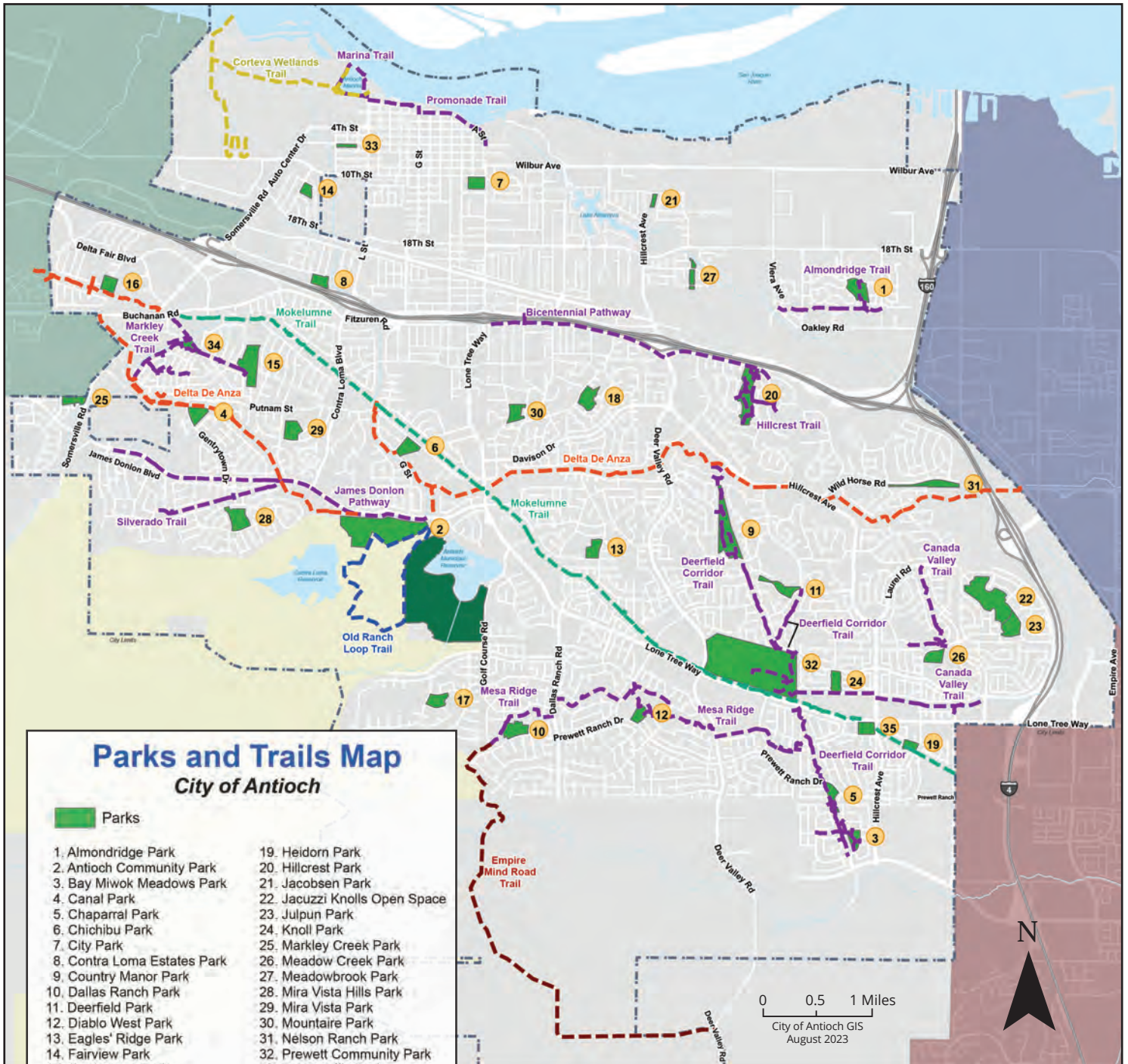
Parks, Places, & Spaces to Get Active in Antioch

TYPE OF PARK FACILITY
 N = Neighborhood
 C = Community
 UC = Under Construction



PARK NAME	LOCATION	TYPE	SIZE (ACRES)	Barbecue Pits	Baseball/Softball Field(s)	Basketball Court(s)	Exercise Course	Group Picnic Areas	Horseshoes	Picnic Tables	Restroom(s)	Soccer Field(s)	Pickleball Courts	Tennis Courts	Bocce Courts	Volleyball/Sport	Playground	Trails	Dog Park
Almondridge Park	Almondridge Drive & Cashew Street	N	8.6	•	•					•	•	•		•			•		
Antioch Community Park	801 James Donlon Boulevard	C	42.8	•	•			•	•	•	•	•					•	•	
Bay Miwok Meadows Park	San Martino Drive & Hillcrest Avenue	N	4.88	•				•		•					•		•	•	•
Canal Park	Gentrytown Drive & Curtis Drive	N	4.8	•						•	•						•	•	
Chaparral Park	Prewett Ranch Drive & Candlewood Way	N	3.96	•		•				•							•	•	
Chichibu Park	G Street & Acorn Road	N	6.3	•				•	•	•	•	•		•	•		•		
City Park	W 10th Street & A Street	N	5					•		•	•	•					•		
Contra Loma Estates Park	Mahogany Way & Manzanita Way	N	5			•						•					•		
Country Manor Park	Asilomar Drive near Avila Court	N	21	•	•					•	•	•					•		
Dallas Ranch Park	1137 Prewett Ranch Drive	N	5	•		•				•	•					•	•	•	
Deerfield Park	Deerfield Drive & Buckskin Drive	N	3.95	•						•							•	•	
Diablo West Park	Prewett Ranch Drive near Mokelumne Drive	N	4.16	•	•	•				•	•						•	•	
Eagles' Ridge Park	Eagleridge Drive & Greystone Drive	N	5.4	•	•					•	•						•		
Fairview Park	Crestview Drive & Aster Drive	N	3			•		•		•							•		
Gentrytown Park	Monterey Drive near Palo Verde Way	N	14	•	•					•	•						•	•	
Hansen Park	Hansen Drive & Nortonville Way	N	5.55	•		•		•		•	•	•					•	•	
Harbour Park	Ashburton Drive & Lindley Drive	N	7.9	•	•			•		•	•			•			•		
Heidorn Park	Vista Grande Drive & Deerspring Way	N	3	•						•	•	•					•	•	
Hillcrest Park	Larkspur Drive near Violet Court	N	18	•		•				•	•			•			•	•	
Jacobsen Park	Jacobsen Street near Azevedo Street	N	1.3			•				•		•					•		
Jacuzzi Knolls Open Space	Sierra Trail Way & Summit View Way	N	25.51															•	
Julpun Park	Sierra Trail Way & Summit View Way	N	8.22	•	•	•		•		•	•						•	•	•
Knoll Park	Country Hills Drive & Valley Way	N	5	•				•	•	•	•						•		
Marchetti Park	Kendree Street near Carla Court	N	5	•	•					•	•			•			•	•	
Markley Creek Park	Summit Way & Heaton Court	N	4.06	•						•	•	•					•	•	•
Meadowbrook Park	Yellowstone Drive & Geyser Circle	N	2.9	•		•				•						•	•		
Meadow Creek Park	Vista Grande Drive near Canada Valley Road	N	5	•		•				•	•	•					•		
Mira Vista Park	S Francisco Way & Hacienda Way	N	6.8	•	•			•		•	•						•		
Mira Vista Hills Park	Silverado Drive & Glendale Circle	N	9.2	•	•	•		•		•	•	•	•	•			•		
Mountaire Park	Sunset Lane & Danridge Court	N	5.1					•		•	•	•					•		
Nelson Ranch Park	4700 Wild Horse Road	N	9.5	•		•				•	•	•					•	•	
Prewett Community Park	4703 Lone Tree Way	C	99	•				•		•	•						•	•	
Prosserville Park	W 6th Street & M Street	N	1.6	•		•				•							•		
Village East Park	Gentrytown Drive & Johnson Drive	N	3.77	•						•							•	•	
Williamson Ranch Park	Williamson Ranch Drive & Hillcrest Avenue	N	5	•				•		•	•	•					•		
Waldie Plaza	I Street & W 1st Street	C	.89					•										•	
*Memorial Field	Off Putnam Street																		

*Collaborated site with Antioch Unified School District, only accessible weekdays after 3pm



ANTIO**CH**
CALIFORNIA
OPPORTUNITY LIVES HERE

Registration begins:
MONDAY, MAY 5, 2025

INFORMATION: (925) 776-3050

ONLINE REGISTRATION:

Visit the registration website at
antiochca.gov/register

- 1 Register online for most of our classes and activities.
- 2 Make secure, safe online payments with Visa, MasterCard, Discover or American Express.
- 3 With an online account, you can view family schedules, past receipts, and account credits.

REFUNDS/TRANSFERS

The Antioch Recreation Department is happy to review activity transfer or refund requests. Customers may request a transfer or refund **IN WRITING NO LATER THAN 5 business days** prior to the first day of class. Refund/Transfer Forms are available at the front desk or emails may be sent to recreation@antiochca.gov with the participant name(s), class information, and reason. All refunds are subject to a \$7.00 service charge per activity/class, unless the Recreation Department cancels the class. You will receive email confirmation of your transfer/refund request.

CANCELLATIONS

The City has the right to cancel classes when enrollments have not reached their minimum. Please register early and help us to prevent class cancellations.

We don't like to cancel classes, but sometimes it is necessary before the first meeting when enrollments are low. Your registration might be the one that enables the class to be held.

FEE FOR LATE PICK-UP

Parents agree to pick up their children by or before the scheduled release time. A late fee of \$10 per 5-minute interval **PER CHILD** will be charged. Late fees are payable to the City of Antioch.

RETURNED CHECKS/DISPUTED CHARGE FEE

The City of Antioch charges \$50.00 for any returned or rejected payments. If the Recreation Department is notified that payments have not cleared, a returned item fee will be added to your account.

IT'S EASY TO REGISTER!

Registration is required and is on a first come, first-serve basis. Payment is due at the time of registration. In the event that a class is full, you may choose to be placed on a wait list. Pro-rated credits are not provided for late registrations or missed classes. Please note that we do not accept registrations or payments by phone or fax.

In-person registration

Monday–Friday from 8:30AM–5:00PM

Antioch Community Center

4703 Lone Tree Way, Antioch, CA 94531

- 1 In-person registration with over-the-counter confirmation. Cash, check, and credit cards are accepted.
- 2 Drop Box—for your convenience, if paying by check, you can drop your Registration Form at our outdoor drop box located at 4703 Lone Tree Way.
- 3 Checks are made payable to the City of Antioch and must be pre-printed with customer information.

Please note that we have eliminated online convenience fees!



REGISTER EARLY—DON'T MISS OUT!

YOUTH SCHOLARSHIP AND ADULT 50+ FEE ASSISTANCE PROGRAMS

Financial assistance to participate in Recreation classes and activities is available through our Scholarship and Fee Assistance programs. Information and applications are available at antiochca.gov/RecFinancialAssistance and at Antioch Recreation Centers during business hours. For more information on Youth Scholarships, call (925) 776-3050 and for Adult 50+ Fee Assistance, call (925) 779-7074.

COMMUNITY ORGANIZATIONS

Antioch Bocce Federation	shortant66@sbcglobal.net
Antioch Historical Society	925-757-1326
Antioch Youth Sports Complex	925-478-1464
Big Break Regional Shoreline	510-544-3050
Black Diamond Mines	510-544-2750
Boy Scouts of America	925-674-6100
Chamber of Commerce	925-757-1800
Contra Costa Child Care Council	925-778-5437
Contra Costa Event Park	925-757-4400
Contra Loma Regional Park	888-327-2757
Delta Veterans Group	geraldwilson1971@gmail.com
El Campanil Theatre	925-757-9500
Family Justice Center	925-281-0970
First 5 Contra Costa	925-771-7300
Girl Scouts of America	800-447-4475
Library—Antioch Downtown	925-757-9224
Library—Prewett Branch	925-776-3060
REACH	925-754-3673
Rubicon Programs	925-399-8990
Special Olympics of No. California	925-944-8801
Tri Delta Transit	925-754-6622
Paratransit	925-754-3060
Route Information	925-754-4040

ELECTED OFFICIALS

Assemblymember District 15	
Anamarie Avila Farias	925-679-5763
Congressman Jon Garamendi	510-620-1001
Congressman Mark DeSaulnier	925-754-0716
CCC Supervisor District 3	
Diane Burgis	925-655-2330
CCC Supervisor District 5	
Shanelle Scales-Preston	925-608-4200
State Senator District 7	
Jesse Arreguin	510-286-1333

CITY OF ANTIOCH SERVICES & DEPARTMENTS

Recreation Department

Antioch Community Center	925-776-3050
Antioch Water Park	925-776-3070
Antioch Senior Center	925-779-7074
Senior Nutrition Program	925-779-7072
Nick Rodriguez Center	925-779-7070

City Attorney

925-779-7015

City Clerk

925-779-7009

City Manager/City Council

925-779-7011

City Treasurer

925-779-7005

Community Development

925-779-7035

Planning

925-779-6159

 Building Inspection Services

925-779-7065

 Code Enforcement

925-779-7042

Economic Development

925-779-7012

Finance

925-779-7055

 Business License

925-779-7059

 Water Service

925-779-7060

Human Resources

925-779-7020

Police Department

925-779-6900

 Emergency

9-1-1

 Non-Emergency

925-778-2441

 Animal Services

925-779-6989

Public Safety & Community Resources

 Office

925-779-7082

 Environmental Sustainability

925-779-6137

 Housing

925-779-7037

 Unhoused Resident Services

925-779-6893

 Youth Services Network

925-779-7077

Public Works

925-779-6950

 Development Engineering

925-779-7080

 Park Maintenance/Landscaping

925-779-6950

 Marina

925-779-6957

 RV Storage

925-779-6950



Opportunity
soars here.



ANTIOCH
CALIFORNIA

JUNETEENTH

A FREEDOM CELEBRATION



19 JUNE 2025
4 PM - 8 PM

DOMINO + DOUBLE DUTCH
TOURNAMENTS

GAMES + RIDES

FOOD TRUCKS + VENDORS

LIVE PERFORMANCES BY
UNIVERSAL SOUL AND
SHANICE

WILLIAMSON RANCH PARK
ANTIOCH, CA

[ANTIOCHCA.GOV/JUNETEENTH](https://antiochca.gov/juneteenth)



Residential Customer

LET'S PLAY!

NO EXPERIENCE NECESSARY
GIRLS & BOYS, GRADES 3-8



OFFICIAL FLAG FOOTBALL LEAGUE OF THE NFL

PRACTICE BEGINS SEPTEMBER 15

- 1 WEEKDAY PRACTICE,
1 WEEKEND GAME
- FIRST GAME SEPTEMBER 27
- LAST GAME NOVEMBER 15
- DEADLINE TO REGISTER
FRIDAY, AUGUST 15
- FEES: \$135R/\$149NR
- PARENT MEETING ON
AUGUST 19
- MANDATORY EVALUATIONS
ON AUGUST 23
 - > 3RD/4TH GRADE @ 10AM
 - > 5TH/6TH GRADE @ 11AM
 - > 7TH/8TH GRADE @ 12PM



VOLUNTEER COACHES ARE NEEDED! EACH COACH
RECEIVES A 50% DISCOUNT ON ONE PLAYER REGISTRATION.

For more information, contact
sports@antiochca.gov