

2010 NOAA Tide Predictions: Antioch

(Reference station: Port Chicago, Corrections Applied: Times: High 1 hr. 12 min., Low 1 hr. 26 min., Heights: High *0.77, Low *0.78)

January - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
01/01/2010	Fri	04:13AM	LST 3.2 H	09:21AM	LST 1.6 L	02:42PM	LST 4.5 H	10:47PM	LST -0.6 L		
01/02/2010	Sat	04:56AM	LST 3.3 H	10:18AM	LST 1.3 L	03:36PM	LST 4.4 H	11:28PM	LST -0.6 L		
01/03/2010	Sun	05:38AM	LST 3.4 H	11:16AM	LST 1.1 L	04:33PM	LST 4.1 H				
01/04/2010	Mon	12:07AM	LST -0.5 L	06:20AM	LST 3.5 H	12:16PM	LST 0.9 L	05:32PM	LST 3.7 H		
01/05/2010	Tue	12:47AM	LST -0.2 L	07:03AM	LST 3.5 H	01:20PM	LST 0.8 L	06:39PM	LST 3.2 H		
01/06/2010	Wed	01:28AM	LST 0.0 L	07:48AM	LST 3.7 H	02:30PM	LST 0.6 L	07:56PM	LST 2.8 H		
01/07/2010	Thu	02:12AM	LST 0.4 L	08:36AM	LST 3.8 H	03:45PM	LST 0.5 L	09:20PM	LST 2.6 H		
01/08/2010	Fri	03:02AM	LST 0.8 L	09:26AM	LST 3.9 H	04:59PM	LST 0.2 L	10:40PM	LST 2.5 H		
01/09/2010	Sat	03:59AM	LST 1.1 L	10:18AM	LST 3.9 H	06:06PM	LST 0.0 L	11:52PM	LST 2.7 H		
01/10/2010	Sun	05:01AM	LST 1.4 L	11:07AM	LST 4.0 H	07:04PM	LST -0.2 L				
01/11/2010	Mon	12:54AM	LST 2.9 H	06:02AM	LST 1.6 L	11:54AM	LST 4.0 H	07:55PM	LST -0.2 L		
01/12/2010	Tue	01:48AM	LST 3.1 H	06:58AM	LST 1.7 L	12:37PM	LST 4.0 H	08:40PM	LST -0.3 L		
01/13/2010	Wed	02:36AM	LST 3.2 H	07:50AM	LST 1.8 L	01:16PM	LST 4.0 H	09:20PM	LST -0.2 L		
01/14/2010	Thu	03:20AM	LST 3.4 H	08:38AM	LST 1.8 L	01:53PM	LST 4.0 H	09:56PM	LST -0.2 L		
01/15/2010	Fri	04:00AM	LST 3.4 H	09:22AM	LST 1.7 L	02:30PM	LST 3.9 H	10:27PM	LST -0.2 L		
01/16/2010	Sat	04:37AM	LST 3.4 H	10:03AM	LST 1.6 L	03:06PM	LST 3.8 H	10:53PM	LST -0.1 L		
01/17/2010	Sun	05:08AM	LST 3.4 H	10:44AM	LST 1.5 L	03:45PM	LST 3.6 H	11:16PM	LST 0.0 L		
01/18/2010	Mon	05:35AM	LST 3.3 H	11:25AM	LST 1.3 L	04:25PM	LST 3.5 H	11:36PM	LST 0.2 L		
01/19/2010	Tue	05:57AM	LST 3.4 H	12:07PM	LST 1.2 L	05:09PM	LST 3.2 H				
01/20/2010	Wed	12:00AM	LST 0.3 L	06:17AM	LST 3.5 H	12:54PM	LST 1.1 L	06:00PM	LST 2.8 H		
01/21/2010	Thu	12:29AM	LST 0.5 L	06:41AM	LST 3.5 H	01:50PM	LST 1.0 L	07:05PM	LST 2.5 H		
01/22/2010	Fri	01:05AM	LST 0.8 L	07:14AM	LST 3.7 H	02:59PM	LST 0.9 L	08:38PM	LST 2.3 H		
01/23/2010	Sat	01:49AM	LST 1.1 L	07:56AM	LST 3.8 H	04:18PM	LST 0.7 L	10:17PM	LST 2.3 H		
01/24/2010	Sun	02:43AM	LST 1.4 L	08:48AM	LST 3.9 H	05:32PM	LST 0.5 L	11:36PM	LST 2.5 H		
01/25/2010	Mon	03:50AM	LST 1.7 L	09:47AM	LST 4.1 H	06:35PM	LST 0.2 L				
01/26/2010	Tue	12:39AM	LST 2.7 H	05:03AM	LST 1.9 L	10:50AM	LST 4.2 H	07:28PM	LST -0.1 L		
01/27/2010	Wed	01:31AM	LST 2.9 H	06:15AM	LST 1.8 L	11:51AM	LST 4.4 H	08:15PM	LST -0.3 L		
01/28/2010	Thu	02:18AM	LST 3.2 H	07:19AM	LST 1.7 L	12:50PM	LST 4.5 H	08:59PM	LST -0.4 L		
01/29/2010	Fri	03:00AM	LST 3.3 H	08:18AM	LST 1.5 L	01:46PM	LST 4.6 H	09:40PM	LST -0.5 L		
01/30/2010	Sat	03:40AM	LST 3.5 H	09:14AM	LST 1.2 L	02:41PM	LST 4.5 H	10:18PM	LST -0.4 L		
01/31/2010	Sun	04:18AM	LST 3.6 H	10:09AM	LST 0.9 L	03:35PM	LST 4.3 H	10:55PM	LST -0.3 L		

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

February - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
02/01/2010	Mon	04:55AM	LST 3.7 H	11:04AM	LST 0.8 L	04:30PM	LST 4.0 H	11:31PM	LST -0.1 L		
02/02/2010	Tue	05:32AM	LST 3.9 H	12:01PM	LST 0.6 L	05:28PM	LST 3.6 H				
02/03/2010	Wed	12:08AM	LST 0.2 L	06:11AM	LST 3.9 H	01:01PM	LST 0.5 L	06:33PM	LST 3.2 H		
02/04/2010	Thu	12:46AM	LST 0.5 L	06:52AM	LST 3.9 H	02:08PM	LST 0.5 L	07:47PM	LST 2.9 H		
02/05/2010	Fri	01:29AM	LST 0.9 L	07:38AM	LST 3.9 H	03:21PM	LST 0.4 L	09:09PM	LST 2.7 H		

02/06/2010	Sat	02:22AM	LST	1.2	L	08:32AM	LST	3.9	H	04:36PM	LST	0.3	L	10:28PM	LST	2.8	H
02/07/2010	Sun	03:28AM	LST	1.6	L	09:34AM	LST	3.8	H	05:46PM	LST	0.2	L	11:38PM	LST	2.9	H
02/08/2010	Mon	04:42AM	LST	1.8	L	10:38AM	LST	3.8	H	06:44PM	LST	0.1	L				
02/09/2010	Tue	12:37AM	LST	3.1	H	05:51AM	LST	1.8	L	11:36AM	LST	3.8	H	07:34PM	LST	-0.1	L
02/10/2010	Wed	01:27AM	LST	3.3	H	06:51AM	LST	1.7	L	12:26PM	LST	3.9	H	08:16PM	LST	-0.1	L
02/11/2010	Thu	02:11AM	LST	3.5	H	07:42AM	LST	1.6	L	01:10PM	LST	3.9	H	08:52PM	LST	-0.1	L
02/12/2010	Fri	02:50AM	LST	3.5	H	08:27AM	LST	1.5	L	01:49PM	LST	3.9	H	09:24PM	LST	0.0	L
02/13/2010	Sat	03:24AM	LST	3.5	H	09:09AM	LST	1.4	L	02:26PM	LST	3.8	H	09:50PM	LST	0.2	L
02/14/2010	Sun	03:53AM	LST	3.5	H	09:48AM	LST	1.2	L	03:03PM	LST	3.7	H	10:13PM	LST	0.2	L
02/15/2010	Mon	04:17AM	LST	3.5	H	10:26AM	LST	1.1	L	03:40PM	LST	3.5	H	10:32PM	LST	0.4	L
02/16/2010	Tue	04:34AM	LST	3.6	H	11:03AM	LST	0.9	L	04:20PM	LST	3.4	H	10:53PM	LST	0.5	L
02/17/2010	Wed	04:49AM	LST	3.7	H	11:41AM	LST	0.9	L	05:04PM	LST	3.2	H	11:18PM	LST	0.7	L
02/18/2010	Thu	05:10AM	LST	3.9	H	12:22PM	LST	0.8	L	05:55PM	LST	2.9	H	11:50PM	LST	0.9	L
02/19/2010	Fri	05:39AM	LST	3.9	H	01:11PM	LST	0.7	L	07:01PM	LST	2.6	H				
02/20/2010	Sat	12:28AM	LST	1.2	L	06:17AM	LST	4.0	H	02:15PM	LST	0.7	L	08:32PM	LST	2.5	H
02/21/2010	Sun	01:16AM	LST	1.5	L	07:05AM	LST	4.0	H	03:39PM	LST	0.6	L	10:03PM	LST	2.5	H
02/22/2010	Mon	02:18AM	LST	1.7	L	08:04AM	LST	3.9	H	05:01PM	LST	0.5	L	11:17PM	LST	2.7	H
02/23/2010	Tue	03:36AM	LST	1.9	L	09:16AM	LST	3.9	H	06:06PM	LST	0.2	L				
02/24/2010	Wed	12:15AM	LST	2.8	H	12:55AM	LST	1.8	L	10:34AM	LST	4.0	H	07:00PM	LST	-0.1	L
02/25/2010	Thu	01:03AM	LST	3.1	H	06:13AM	LST	1.6	L	11:45AM	LST	4.2	H	07:46PM	LST	-0.2	L
02/26/2010	Fri	01:45AM	LST	3.3	H	07:16AM	LST	1.3	L	12:48PM	LST	4.2	H	08:28PM	LST	-0.2	L
02/27/2010	Sat	02:23AM	LST	3.5	H	08:13AM	LST	1.0	L	01:45PM	LST	4.2	H	09:06PM	LST	-0.2	L
02/28/2010	Sun	03:00AM	LST	3.7	H	09:06AM	LST	0.7	L	02:39PM	LST	4.2	H	09:43PM	LST	-0.1	L

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March - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
03/01/2010	Mon	03:34AM	LST	3.9	H	09:59AM	LST	0.5	L	03:33PM	LST	4.0	H	10:18PM	LST	0.2	L
03/02/2010	Tue	04:08AM	LST	4.0	H	10:51AM	LST	0.2	L	04:28PM	LST	3.8	H	10:53PM	LST	0.4	L
03/03/2010	Wed	04:42AM	LST	4.1	H	11:45AM	LST	0.2	L	05:26PM	LST	3.5	H	11:29PM	LST	0.7	L
03/04/2010	Thu	05:16AM	LST	4.1	H	12:41PM	LST	0.2	L	06:29PM	LST	3.2	H				
03/05/2010	Fri	12:09AM	LST	1.0	L	05:54AM	LST	4.0	H	01:42PM	LST	0.2	L	07:40PM	LST	2.9	H
03/06/2010	Sat	12:56AM	LST	1.3	L	06:37AM	LST	3.9	H	02:51PM	LST	0.3	L	08:56PM	LST	2.8	H
03/07/2010	Sun	01:54AM	LST	1.6	L	07:31AM	LST	3.7	H	04:04PM	LST	0.3	L	10:10PM	LST	2.8	H
03/08/2010	Mon	03:08AM	LST	1.8	L	08:44AM	LST	3.5	H	05:13PM	LST	0.2	L	11:15PM	LST	3.0	H
03/09/2010	Tue	04:28AM	LST	1.8	L	10:06AM	LST	3.4	H	06:11PM	LST	0.2	L				
03/10/2010	Wed	12:10AM	LST	3.2	H	05:39AM	LST	1.6	L	11:16AM	LST	3.4	H	06:59PM	LST	0.1	L
03/11/2010	Thu	12:56AM	LST	3.3	H	06:38AM	LST	1.4	L	12:11PM	LST	3.4	H	07:39PM	LST	0.1	L
03/12/2010	Fri	01:35AM	LST	3.5	H	07:28AM	LST	1.2	L	12:58PM	LST	3.5	H	08:12PM	LST	0.2	L
03/13/2010	Sat	02:09AM	LST	3.5	H	08:12AM	LST	1.0	L	01:40PM	LST	3.5	H	08:41PM	LST	0.2	L
03/14/2010	Sun	03:38AM	LDT	3.5	H	09:53AM	LDT	0.9	L	03:20PM	LDT	3.4	H	10:05PM	LDT	0.4	L
03/15/2010	Mon	04:02AM	LDT	3.6	H	10:32AM	LDT	0.7	L	04:00PM	LDT	3.3	H	10:27PM	LDT	0.5	L
03/16/2010	Tue	04:18AM	LDT	3.7	H	11:09AM	LDT	0.5	L	04:40PM	LDT	3.2	H	10:49PM	LDT	0.7	L
03/17/2010	Wed	04:33AM	LDT	3.9	H	11:44AM	LDT	0.5	L	05:23PM	LDT	3.2	H	11:14PM	LDT	0.9	L
03/18/2010	Thu	04:53AM	LDT	4.0	H	12:21PM	LDT	0.4	L	06:09PM	LDT	3.0	H	11:45PM	LDT	1.1	L
03/19/2010	Fri	05:21AM	LDT	4.1	H	01:00PM	LDT	0.3	L	07:04PM	LDT	2.8	H				
03/20/2010	Sat	12:22AM	LDT	1.2	L	05:57AM	LDT	4.2	H	01:47PM	LDT	0.3	L	08:11PM	LDT	2.7	H
03/21/2010	Sun	01:06AM	LDT	1.5	L	06:40AM	LDT	4.1	H	02:49PM	LDT	0.3	L	09:30PM	LDT	2.6	H
03/22/2010	Mon	02:02AM	LDT	1.6	L	07:32AM	LDT	3.9	H	04:07PM	LDT	0.3	L	10:46PM	LDT	2.6	H
03/23/2010	Tue	03:13AM	LDT	1.7	L	08:38AM	LDT	3.8	H	05:24PM	LDT	0.2	L	11:51PM	LDT	2.8	H
03/24/2010	Wed	04:40AM	LDT	1.7	L	10:00AM	LDT	3.6	H	06:29PM	LDT	0.0	L				
03/25/2010	Thu	12:43AM	LDT	2.9	H	06:03AM	LDT	1.5	L	11:28AM	LDT	3.6	H	07:23PM	LDT	-0.1	L
03/26/2010	Fri	01:28AM	LDT	3.2	H	07:12AM	LDT	1.1	L	12:42PM	LDT	3.6	H	08:08PM	LDT	-0.2	L
03/27/2010	Sat	02:07AM	LDT	3.4	H	08:12AM	LDT	0.7	L	01:45PM	LDT	3.7	H	08:49PM	LDT	-0.1	L
03/28/2010	Sun	02:43AM	LDT	3.6	H	09:07AM	LDT	0.3	L	02:43PM	LDT	3.7	H	09:27PM	LDT	0.1	L
03/29/2010	Mon	03:16AM	LDT	3.9	H	09:59AM	LDT	0.1	L	03:38PM	LDT	3.6	H	10:03PM	LDT	0.3	L
03/30/2010	Tue	03:49AM	LDT	4.0	H	10:49AM	LDT	-0.2	L	04:32PM	LDT	3.5	H	10:39PM	LDT	0.6	L
03/31/2010	Wed	04:21AM	LDT	4.2	H	11:39AM	LDT	-0.2	L	05:27PM	LDT	3.4	H	11:16PM	LDT	0.9	L

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

April - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
04/01/2010	Thu	04:53AM	LDT	4.2	H	12:29PM	LDT	-0.2	L	06:25PM	LDT	3.2	H	11:56PM	LDT	1.2	L
04/02/2010	Fri	05:27AM	LDT	4.2	H	01:21PM	LDT	-0.2	L	07:26PM	LDT	3.1	H				
04/03/2010	Sat	12:40AM	LDT	1.4	L	06:03AM	LDT	3.9	H	02:16PM	LDT	0.0	L	08:30PM	LDT	2.9	H
04/04/2010	Sun	01:32AM	LDT	1.6	L	06:46AM	LDT	3.7	H	03:16PM	LDT	0.1	L	09:38PM	LDT	2.9	H
04/05/2010	Mon	02:34AM	LDT	1.7	L	07:38AM	LDT	3.4	H	04:21PM	LDT	0.2	L	10:43PM	LDT	2.9	H
04/06/2010	Tue	03:50AM	LDT	1.7	L	08:50AM	LDT	3.1	H	05:25PM	LDT	0.2	L	11:41PM	LDT	3.0	H
04/07/2010	Wed	05:09AM	LDT	1.6	L	10:25AM	LDT	2.9	H	06:21PM	LDT	0.2	L				
04/08/2010	Thu	12:32AM	LDT	3.2	H	06:19AM	LDT	1.3	L	11:45AM	LDT	2.8	H	07:07PM	LDT	0.2	L
04/09/2010	Fri	01:14AM	LDT	3.2	H	07:18AM	LDT	1.0	L	12:47PM	LDT	2.8	H	07:46PM	LDT	0.2	L

04/10/2010	Sat	01:50AM	LDT	3.4	H	08:09AM	LDT	0.7	L	01:39PM	LDT	2.9	H	08:19PM	LDT	0.4	L
04/11/2010	Sun	02:21AM	LDT	3.5	H	08:54AM	LDT	0.5	L	02:26PM	LDT	2.9	H	08:47PM	LDT	0.5	L
04/12/2010	Mon	02:45AM	LDT	3.6	H	09:35AM	LDT	0.3	L	03:12PM	LDT	3.0	H	09:13PM	LDT	0.7	L
04/13/2010	Tue	03:03AM	LDT	3.7	H	10:15AM	LDT	0.2	L	03:57PM	LDT	3.0	H	09:39PM	LDT	0.9	L
04/14/2010	Wed	03:20AM	LDT	3.9	H	10:53AM	LDT	0.0	L	04:42PM	LDT	2.9	H	10:08PM	LDT	1.1	L
04/15/2010	Thu	03:41AM	LDT	4.1	H	11:30AM	LDT	-0.1	L	05:29PM	LDT	2.9	H	10:42PM	LDT	1.2	L
04/16/2010	Fri	04:10AM	LDT	4.2	H	12:08PM	LDT	-0.2	L	06:20PM	LDT	2.8	H	11:21PM	LDT	1.4	L
04/17/2010	Sat	04:46AM	LDT	4.2	H	12:50PM	LDT	-0.2	L	07:15PM	LDT	2.8	H				
04/18/2010	Sun	12:06AM	LDT	1.5	L	05:28AM	LDT	4.2	H	01:38PM	LDT	-0.2	L	08:15PM	LDT	2.8	H
04/19/2010	Mon	12:59AM	LDT	1.6	L	06:17AM	LDT	4.0	H	02:34PM	LDT	-0.2	L	09:19PM	LDT	2.7	H
04/20/2010	Tue	02:03AM	LDT	1.6	L	07:14AM	LDT	3.7	H	03:39PM	LDT	-0.2	L	10:21PM	LDT	2.8	H
04/21/2010	Wed	03:20AM	LDT	1.5	L	08:25AM	LDT	3.4	H	04:44PM	LDT	-0.2	L	11:16PM	LDT	2.9	H
04/22/2010	Thu	04:43AM	LDT	1.3	L	09:53AM	LDT	3.2	H	05:44PM	LDT	-0.2	L				
04/23/2010	Fri	12:05AM	LDT	3.1	H	06:01AM	LDT	0.9	L	11:23AM	LDT	3.1	H	06:36PM	LDT	-0.1	L
04/24/2010	Sat	12:48AM	LDT	3.3	H	07:08AM	LDT	0.5	L	12:38PM	LDT	3.1	H	07:22PM	LDT	0.1	L
04/25/2010	Sun	01:26AM	LDT	3.6	H	08:07AM	LDT	0.2	L	01:42PM	LDT	3.1	H	08:05PM	LDT	0.2	L
04/26/2010	Mon	02:01AM	LDT	3.9	H	09:01AM	LDT	-0.2	L	02:41PM	LDT	3.2	H	08:44PM	LDT	0.5	L
04/27/2010	Tue	02:35AM	LDT	4.0	H	09:52AM	LDT	-0.4	L	03:37PM	LDT	3.2	H	09:24PM	LDT	0.8	L
04/28/2010	Wed	03:07AM	LDT	4.2	H	10:41AM	LDT	-0.5	L	04:32PM	LDT	3.2	H	10:04PM	LDT	1.1	L
04/29/2010	Thu	03:39AM	LDT	4.2	H	11:29AM	LDT	-0.5	L	05:27PM	LDT	3.1	H	10:46PM	LDT	1.3	L
04/30/2010	Fri	04:12AM	LDT	4.2	H	12:16PM	LDT	-0.5	L	06:23PM	LDT	3.1	H	11:31PM	LDT	1.5	L

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May - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
05/01/2010	Sat	04:47AM	LDT	4.0	H	01:02PM	LDT	-0.4	L	07:18PM	LDT	3.0	H
05/02/2010	Sun	12:20AM	LDT	1.6	L	05:25AM	LDT	3.9	H	01:49PM	LDT	-0.2	L
05/03/2010	Mon	01:14AM	LDT	1.6	L	06:09AM	LDT	3.5	H	02:38PM	LDT	-0.2	L
05/04/2010	Tue	02:16AM	LDT	1.6	L	07:00AM	LDT	3.2	H	03:29PM	LDT	0.0	L
05/05/2010	Wed	03:26AM	LDT	1.6	L	08:05AM	LDT	2.8	H	04:21PM	LDT	0.1	L
05/06/2010	Thu	04:40AM	LDT	1.4	L	09:33AM	LDT	2.5	H	05:10PM	LDT	0.2	L
05/07/2010	Fri	05:50AM	LDT	1.1	L	11:03AM	LDT	2.4	H	05:55PM	LDT	0.3	L
05/08/2010	Sat	12:23AM	LDT	3.2	H	06:52AM	LDT	0.7	L	12:16PM	LDT	2.4	H
05/09/2010	Sun	12:56AM	LDT	3.3	H	07:45AM	LDT	0.4	L	01:16PM	LDT	2.5	H
05/10/2010	Mon	01:23AM	LDT	3.5	H	08:32AM	LDT	0.2	L	02:11PM	LDT	2.5	H
05/11/2010	Tue	01:45AM	LDT	3.7	H	09:16AM	LDT	-0.1	L	03:02PM	LDT	2.6	H
05/12/2010	Wed	02:06AM	LDT	3.9	H	09:58AM	LDT	-0.2	L	03:53PM	LDT	2.7	H
05/13/2010	Thu	02:31AM	LDT	4.1	H	10:38AM	LDT	-0.3	L	04:42PM	LDT	2.8	H
05/14/2010	Fri	03:03AM	LDT	4.2	H	11:19AM	LDT	-0.4	L	05:31PM	LDT	2.8	H
05/15/2010	Sat	03:41AM	LDT	4.3	H	12:00PM	LDT	-0.5	L	06:21PM	LDT	2.9	H
05/16/2010	Sun	04:25AM	LDT	4.3	H	12:43PM	LDT	-0.5	L	07:11PM	LDT	2.9	H
05/17/2010	Mon	12:01AM	LDT	1.6	L	05:13AM	LDT	4.2	H	01:28PM	LDT	-0.5	L
05/18/2010	Tue	01:00AM	LDT	1.5	L	06:06AM	LDT	3.9	H	02:17PM	LDT	-0.5	L
05/19/2010	Wed	02:06AM	LDT	1.4	L	07:07AM	LDT	3.5	H	03:08PM	LDT	-0.4	L
05/20/2010	Thu	03:20AM	LDT	1.2	L	08:21AM	LDT	3.2	H	04:01PM	LDT	-0.3	L
05/21/2010	Fri	04:39AM	LDT	0.9	L	09:49AM	LDT	2.8	H	04:54PM	LDT	-0.1	L
05/22/2010	Sat	05:53AM	LDT	0.5	L	11:17AM	LDT	2.7	H	05:46PM	LDT	0.2	L
05/23/2010	Sun	12:06AM	LDT	3.6	H	07:01AM	LDT	0.2	L	12:33PM	LDT	2.6	H
05/24/2010	Mon	12:46AM	LDT	3.9	H	08:01AM	LDT	-0.2	L	01:39PM	LDT	2.7	H
05/25/2010	Tue	01:23AM	LDT	4.1	H	08:55AM	LDT	-0.5	L	02:40PM	LDT	2.8	H
05/26/2010	Wed	01:58AM	LDT	4.2	H	09:46AM	LDT	-0.5	L	03:37PM	LDT	2.9	H
05/27/2010	Thu	02:32AM	LDT	4.2	H	10:33AM	LDT	-0.6	L	04:31PM	LDT	3.0	H
05/28/2010	Fri	03:07AM	LDT	4.2	H	11:18AM	LDT	-0.5	L	05:23PM	LDT	3.1	H
05/29/2010	Sat	03:42AM	LDT	4.1	H	12:01PM	LDT	-0.5	L	06:13PM	LDT	3.2	H
05/30/2010	Sun	04:20AM	LDT	3.9	H	12:42PM	LDT	-0.5	L	07:02PM	LDT	3.1	H
05/31/2010	Mon	12:05AM	LDT	1.7	L	05:00AM	LDT	3.8	H	01:20PM	LDT	-0.3	L

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

June - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
06/01/2010	Tue	12:57AM	LDT	1.6	L	05:44AM	LDT	3.5	H	01:56PM	LDT	-0.2	L
06/02/2010	Wed	01:53AM	LDT	1.6	L	06:33AM	LDT	3.2	H	02:32PM	LDT	-0.2	L
06/03/2010	Thu	02:54AM	LDT	1.4	L	07:30AM	LDT	2.8	H	03:08PM	LDT	0.0	L
06/04/2010	Fri	04:02AM	LDT	1.2	L	08:45AM	LDT	2.4	H	03:47PM	LDT	0.2	L
06/05/2010	Sat	05:12AM	LDT	0.9	L	10:18AM	LDT	2.2	H	04:27PM	LDT	0.5	L
06/06/2010	Sun	06:18AM	LDT	0.6	L	11:42AM	LDT	2.2	H	05:10PM	LDT	0.7	L
06/07/2010	Mon	07:17AM	LDT	0.3	L	12:53PM	LDT	2.2	H	05:55PM	LDT	1.0	L
06/08/2010	Tue	12:16AM	LDT	3.7	H	08:09AM	LDT	0.1	L	01:55PM	LDT	2.4	H
06/09/2010	Wed	12:45AM	LDT	3.9	H	08:56AM	LDT	-0.2	L	02:51PM	LDT	2.5	H
06/10/2010	Thu	01:17AM	LDT	4.2	H	09:40AM	LDT	-0.3	L	03:44PM	LDT	2.7	H
06/11/2010	Fri	01:55AM	LDT	4.3	H	10:23AM	LDT	-0.5	L	04:34PM	LDT	2.8	H

06/12/2010	Sat	02:38AM	LDT	4.5	H	11:06AM	LDT	-0.5	L	05:21PM	LDT	3.0	H	10:05PM	LDT	1.7	L
06/13/2010	Sun	03:24AM	LDT	4.5	H	11:47AM	LDT	-0.6	L	06:06PM	LDT	3.1	H	11:00PM	LDT	1.6	L
06/14/2010	Mon	04:14AM	LDT	4.4	H	12:29PM	LDT	-0.7	L	06:50PM	LDT	3.1	H	11:58PM	LDT	1.5	L
06/15/2010	Tue	05:07AM	LDT	4.2	H	01:10PM	LDT	-0.7	L	07:34PM	LDT	3.2	H				
06/16/2010	Wed	12:58AM	LDT	1.3	L	06:04AM	LDT	3.9	H	01:51PM	LDT	-0.5	L	08:18PM	LDT	3.2	H
06/17/2010	Thu	02:02AM	LDT	1.1	L	07:06AM	LDT	3.5	H	02:34PM	LDT	-0.4	L	09:04PM	LDT	3.4	H
06/18/2010	Fri	03:12AM	LDT	0.9	L	08:20AM	LDT	3.0	H	03:19PM	LDT	-0.2	L	09:50PM	LDT	3.5	H
06/19/2010	Sat	04:27AM	LDT	0.6	L	09:45AM	LDT	2.7	H	04:07PM	LDT	0.2	L	10:37PM	LDT	3.7	H
06/20/2010	Sun	05:42AM	LDT	0.3	L	11:11AM	LDT	2.5	H	04:58PM	LDT	0.5	L	11:24PM	LDT	3.9	H
06/21/2010	Mon	06:51AM	LDT	0.0	L	12:28PM	LDT	2.5	H	05:52PM	LDT	0.9	L				
06/22/2010	Tue	12:08AM	LDT	4.1	H	07:53AM	LDT	-0.2	L	01:35PM	LDT	2.6	H	06:47PM	LDT	1.2	L
06/23/2010	Wed	12:51AM	LDT	4.2	H	08:47AM	LDT	-0.4	L	02:36PM	LDT	2.8	H	07:41PM	LDT	1.5	L
06/24/2010	Thu	01:32AM	LDT	4.2	H	09:37AM	LDT	-0.5	L	03:31PM	LDT	3.0	H	08:35PM	LDT	1.6	L
06/25/2010	Fri	02:11AM	LDT	4.2	H	10:22AM	LDT	-0.5	L	04:22PM	LDT	3.2	H	09:26PM	LDT	1.8	L
06/26/2010	Sat	02:48AM	LDT	4.2	H	11:04AM	LDT	-0.5	L	05:09PM	LDT	3.2	H	10:16PM	LDT	1.8	L
06/27/2010	Sun	03:26AM	LDT	4.1	H	11:42AM	LDT	-0.4	L	05:53PM	LDT	3.2	H	11:03PM	LDT	1.8	L
06/28/2010	Mon	04:05AM	LDT	3.9	H	12:16PM	LDT	-0.3	L	06:34PM	LDT	3.2	H	11:50PM	LDT	1.7	L
06/29/2010	Tue	04:45AM	LDT	3.7	H	12:45PM	LDT	-0.2	L	07:11PM	LDT	3.2	H				
06/30/2010	Wed	12:37AM	LDT	1.6	L	05:28AM	LDT	3.5	H	01:12PM	LDT	-0.2	L	07:46PM	LDT	3.2	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

July - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
07/01/2010	Thu	01:26AM	LDT	1.5	L	06:13AM	LDT	3.2	H	01:37PM	LDT	0.0	L	08:18PM	LDT	3.2	H
07/02/2010	Fri	02:19AM	LDT	1.3	L	07:05AM	LDT	2.8	H	02:04PM	LDT	0.2	L	08:48PM	LDT	3.3	H
07/03/2010	Sat	03:19AM	LDT	1.2	L	08:10AM	LDT	2.5	H	02:36PM	LDT	0.5	L	09:18PM	LDT	3.4	H
07/04/2010	Sun	04:28AM	LDT	0.9	L	09:39AM	LDT	2.2	H	03:15PM	LDT	0.8	L	09:50PM	LDT	3.5	H
07/05/2010	Mon	05:39AM	LDT	0.8	L	11:13AM	LDT	2.2	H	04:01PM	LDT	1.1	L	10:27PM	LDT	3.7	H
07/06/2010	Tue	06:45AM	LDT	0.5	L	12:32PM	LDT	2.2	H	04:55PM	LDT	1.4	L	11:09PM	LDT	3.9	H
07/07/2010	Wed	07:43AM	LDT	0.2	L	01:38PM	LDT	2.5	H	05:54PM	LDT	1.6	L	11:55PM	LDT	4.2	H
07/08/2010	Thu	08:34AM	LDT	0.0	L	02:35PM	LDT	2.7	H	06:56PM	LDT	1.8	L				
07/09/2010	Fri	12:43AM	LDT	4.4	H	09:20AM	LDT	-0.2	L	03:26PM	LDT	2.8	H	07:58PM	LDT	1.9	L
07/10/2010	Sat	01:33AM	LDT	4.5	H	10:04AM	LDT	-0.4	L	04:12PM	LDT	3.0	H	08:58PM	LDT	1.8	L
07/11/2010	Sun	02:25AM	LDT	4.6	H	10:46AM	LDT	-0.5	L	04:55PM	LDT	3.2	H	09:56PM	LDT	1.6	L
07/12/2010	Mon	03:18AM	LDT	4.5	H	11:26AM	LDT	-0.5	L	05:36PM	LDT	3.3	H	10:53PM	LDT	1.5	L
07/13/2010	Tue	04:11AM	LDT	4.5	H	12:04PM	LDT	-0.5	L	06:15PM	LDT	3.4	H	11:50PM	LDT	1.2	L
07/14/2010	Wed	05:06AM	LDT	4.2	H	12:42PM	LDT	-0.5	L	06:54PM	LDT	3.5	H				
07/15/2010	Thu	12:49AM	LDT	1.0	L	06:04AM	LDT	3.9	H	01:19PM	LDT	-0.3	L	07:34PM	LDT	3.6	H
07/16/2010	Fri	01:51AM	LDT	0.9	L	07:07AM	LDT	3.5	H	01:58PM	LDT	-0.1	L	08:15PM	LDT	3.8	H
07/17/2010	Sat	02:58AM	LDT	0.6	L	08:19AM	LDT	3.0	H	02:39PM	LDT	0.3	L	09:01PM	LDT	3.9	H
07/18/2010	Sun	04:11AM	LDT	0.5	L	09:42AM	LDT	2.7	H	03:26PM	LDT	0.7	L	09:50PM	LDT	4.0	H
07/19/2010	Mon	05:26AM	LDT	0.3	L	11:05AM	LDT	2.6	H	04:21PM	LDT	1.0	L	10:43PM	LDT	4.1	H
07/20/2010	Tue	06:37AM	LDT	0.1	L	12:21PM	LDT	2.6	H	05:24PM	LDT	1.3	L	11:37PM	LDT	4.1	H
07/21/2010	Wed	07:40AM	LDT	-0.1	L	01:27PM	LDT	2.8	H	06:29PM	LDT	1.6	L				
07/22/2010	Thu	12:28AM	LDT	4.2	H	08:34AM	LDT	-0.2	L	02:24PM	LDT	3.1	H	07:31PM	LDT	1.7	L
07/23/2010	Fri	01:16AM	LDT	4.2	H	09:21AM	LDT	-0.3	L	03:15PM	LDT	3.2	H	08:27PM	LDT	1.8	L
07/24/2010	Sat	02:01AM	LDT	4.2	H	10:03AM	LDT	-0.2	L	04:01PM	LDT	3.3	H	09:19PM	LDT	1.7	L
07/25/2010	Sun	02:41AM	LDT	4.1	H	10:41AM	LDT	-0.2	L	04:42PM	LDT	3.4	H	10:06PM	LDT	1.7	L
07/26/2010	Mon	03:20AM	LDT	4.0	H	11:13AM	LDT	-0.2	L	05:20PM	LDT	3.4	H	10:50PM	LDT	1.6	L
07/27/2010	Tue	03:58AM	LDT	3.9	H	11:41AM	LDT	-0.1	L	05:53PM	LDT	3.4	H	11:33PM	LDT	1.5	L
07/28/2010	Wed	04:37AM	LDT	3.7	H	12:05PM	LDT	0.1	L	06:21PM	LDT	3.4	H				
07/29/2010	Thu	12:14AM	LDT	1.3	L	05:17AM	LDT	3.5	H	12:26PM	LDT	0.2	L	06:44PM	LDT	3.5	H
07/30/2010	Fri	12:57AM	LDT	1.2	L	06:01AM	LDT	3.2	H	12:48PM	LDT	0.3	L	07:03PM	LDT	3.5	H
07/31/2010	Sat	01:43AM	LDT	1.1	L	06:50AM	LDT	2.9	H	01:14PM	LDT	0.5	L	07:24PM	LDT	3.6	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

August - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
08/01/2010	Sun	02:35AM	LDT	1.0	L	07:52AM	LDT	2.6	H	01:47PM	LDT	0.8	L	07:53PM	LDT	3.7	H
08/02/2010	Mon	03:39AM	LDT	0.9	L	09:17AM	LDT	2.4	H	02:28PM	LDT	1.1	L	08:32PM	LDT	3.9	H
08/03/2010	Tue	04:54AM	LDT	0.8	L	10:52AM	LDT	2.3	H	03:18PM	LDT	1.4	L	09:21PM	LDT	3.9	H
08/04/2010	Wed	06:09AM	LDT	0.6	L	12:12PM	LDT	2.5	H	04:20PM	LDT	1.7	L	10:19PM	LDT	4.1	H
08/05/2010	Thu	07:13AM	LDT	0.3	L	01:16PM	LDT	2.6	H	05:31PM	LDT	1.9	L	11:21PM	LDT	4.2	H
08/06/2010	Fri	08:06AM	LDT	0.1	L	02:10PM	LDT	2.8	H	06:43PM	LDT	1.9	L				
08/07/2010	Sat	12:24AM	LDT	4.3	H	08:53AM	LDT	-0.2	L	02:56PM	LDT	3.0	H	07:49PM	LDT	1.7	L
08/08/2010	Sun	01:23AM	LDT	4.5	H	09:36AM	LDT	-0.3	L	03:38PM	LDT	3.2	H	08:50PM	LDT	1.6	L
08/09/2010	Mon	02:20AM	LDT	4.5	H	10:16AM	LDT	-0.4	L	04:17PM	LDT	3.4	H	09:47PM	LDT	1.3	L
08/10/2010	Tue	03:15AM	LDT	4.5	H	10:54AM	LDT	-0.3	L	04:54PM	LDT	3.5	H	10:43PM	LDT	1.0	L
08/11/2010	Wed	04:10AM	LDT	4.3	H	11:31AM	LDT	-0.2	L	05:30PM	LDT	3.7	H	11:39PM	LDT	0.8	L
08/12/2010	Thu	05:06AM	LDT	4.1	H	12:07PM	LDT	-0.1	L	06:06PM	LDT	3.9	H				
08/13/2010	Fri	12:36AM	LDT	0.6	L	06:04AM	LDT	3.7	H	12:43PM	LDT	0.2	L	06:43PM	LDT	4.0	H

08/14/2010	Sat	01:36AM	LDT	0.5	L	07:07AM	LDT	3.4	H	01:22PM	LDT	0.5	L	07:23PM	LDT	4.1	H
08/15/2010	Sun	02:40AM	LDT	0.4	L	08:19AM	LDT	3.0	H	02:05PM	LDT	0.8	L	08:08PM	LDT	4.1	H
08/16/2010	Mon	03:51AM	LDT	0.4	L	09:37AM	LDT	2.8	H	02:56PM	LDT	1.2	L	09:02PM	LDT	4.0	H
08/17/2010	Tue	05:05AM	LDT	0.3	L	10:56AM	LDT	2.8	H	03:58PM	LDT	1.5	L	10:04PM	LDT	3.9	H
08/18/2010	Wed	06:16AM	LDT	0.2	L	12:08PM	LDT	2.8	H	05:10PM	LDT	1.6	L	11:10PM	LDT	3.9	H
08/19/2010	Thu	07:18AM	LDT	0.1	L	01:09PM	LDT	3.1	H	06:22PM	LDT	1.7	L				
08/20/2010	Fri	12:13AM	LDT	3.9	H	08:10AM	LDT	-0.1	L	02:01PM	LDT	3.2	H	07:25PM	LDT	1.6	L
08/21/2010	Sat	01:07AM	LDT	3.9	H	08:55AM	LDT	-0.1	L	02:47PM	LDT	3.4	H	08:20PM	LDT	1.6	L
08/22/2010	Sun	01:54AM	LDT	3.9	H	09:33AM	LDT	-0.1	L	03:28PM	LDT	3.5	H	09:08PM	LDT	1.4	L
08/23/2010	Mon	02:36AM	LDT	3.9	H	10:07AM	LDT	0.0	L	04:04PM	LDT	3.5	H	09:53PM	LDT	1.3	L
08/24/2010	Tue	03:15AM	LDT	3.7	H	10:35AM	LDT	0.2	L	04:35PM	LDT	3.5	H	10:34PM	LDT	1.2	L
08/25/2010	Wed	03:53AM	LDT	3.6	H	10:59AM	LDT	0.3	L	05:01PM	LDT	3.5	H	11:14PM	LDT	1.1	L
08/26/2010	Thu	04:32AM	LDT	3.5	H	11:20AM	LDT	0.5	L	05:19PM	LDT	3.5	H	11:52PM	LDT	0.9	L
08/27/2010	Fri	05:13AM	LDT	3.3	H	11:40AM	LDT	0.6	L	05:34PM	LDT	3.6	H				
08/28/2010	Sat	12:30AM	LDT	0.9	L	05:56AM	LDT	3.1	H	12:04PM	LDT	0.8	L	05:53PM	LDT	3.8	H
08/29/2010	Sun	01:11AM	LDT	0.8	L	06:47AM	LDT	2.8	H	12:35PM	LDT	0.9	L	06:20PM	LDT	3.9	H
08/30/2010	Mon	01:57AM	LDT	0.7	L	07:50AM	LDT	2.7	H	01:12PM	LDT	1.2	L	06:56PM	LDT	3.9	H
08/31/2010	Tue	02:56AM	LDT	0.7	L	09:11AM	LDT	2.5	H	01:58PM	LDT	1.5	L	07:41PM	LDT	3.9	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

September - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
09/01/2010	Wed	04:11AM	LDT	0.6	L	10:37AM	LDT	2.5	H	02:55PM	LDT	1.6	L	08:37PM	LDT	3.9	H
09/02/2010	Thu	05:29AM	LDT	0.5	L	11:49AM	LDT	2.6	H	04:07PM	LDT	1.8	L	09:46PM	LDT	3.9	H
09/03/2010	Fri	06:36AM	LDT	0.3	L	12:48PM	LDT	2.8	H	05:26PM	LDT	1.8	L	11:01PM	LDT	3.9	H
09/04/2010	Sat	07:31AM	LDT	0.1	L	01:36PM	LDT	2.9	H	06:40PM	LDT	1.6	L				
09/05/2010	Sun	12:14AM	LDT	4.0	H	08:18AM	LDT	-0.1	L	02:18PM	LDT	3.2	H	07:45PM	LDT	1.3	L
09/06/2010	Mon	01:18AM	LDT	4.2	H	09:00AM	LDT	-0.2	L	02:56PM	LDT	3.3	H	08:43PM	LDT	1.0	L
09/07/2010	Tue	02:17AM	LDT	4.2	H	09:39AM	LDT	-0.2	L	03:32PM	LDT	3.5	H	09:39PM	LDT	0.7	L
09/08/2010	Wed	03:13AM	LDT	4.1	H	10:16AM	LDT	0.0	L	04:06PM	LDT	3.8	H	10:33PM	LDT	0.5	L
09/09/2010	Thu	04:08AM	LDT	3.9	H	10:52AM	LDT	0.2	L	04:40PM	LDT	3.9	H	11:27PM	LDT	0.2	L
09/10/2010	Fri	05:05AM	LDT	3.7	H	11:29AM	LDT	0.4	L	05:15PM	LDT	4.1	H				
09/11/2010	Sat	12:22AM	LDT	0.2	L	06:04AM	LDT	3.5	H	12:07PM	LDT	0.7	L	05:52PM	LDT	4.2	H
09/12/2010	Sun	01:19AM	LDT	0.1	L	07:08AM	LDT	3.2	H	12:50PM	LDT	0.9	L	06:32PM	LDT	4.1	H
09/13/2010	Mon	02:20AM	LDT	0.2	L	08:17AM	LDT	3.0	H	01:38PM	LDT	1.2	L	07:18PM	LDT	4.0	H
09/14/2010	Tue	03:26AM	LDT	0.2	L	09:29AM	LDT	2.9	H	02:36PM	LDT	1.5	L	08:14PM	LDT	3.8	H
09/15/2010	Wed	04:37AM	LDT	0.2	L	10:41AM	LDT	2.9	H	03:45PM	LDT	1.6	L	09:25PM	LDT	3.5	H
09/16/2010	Thu	05:44AM	LDT	0.2	L	11:45AM	LDT	3.0	H	05:01PM	LDT	1.6	L	10:44PM	LDT	3.5	H
09/17/2010	Fri	06:44AM	LDT	0.1	L	12:41PM	LDT	3.2	H	06:13PM	LDT	1.5	L	11:54PM	LDT	3.4	H
09/18/2010	Sat	07:34AM	LDT	0.0	L	01:29PM	LDT	3.3	H	07:14PM	LDT	1.2	L				
09/19/2010	Sun	12:52AM	LDT	3.4	H	08:16AM	LDT	0.0	L	02:10PM	LDT	3.4	H	08:07PM	LDT	1.1	L
09/20/2010	Mon	01:41AM	LDT	3.4	H	08:51AM	LDT	0.1	L	02:47PM	LDT	3.5	H	08:54PM	LDT	0.9	L
09/21/2010	Tue	02:25AM	LDT	3.4	H	09:22AM	LDT	0.2	L	03:17PM	LDT	3.5	H	09:37PM	LDT	0.7	L
09/22/2010	Wed	03:07AM	LDT	3.3	H	09:48AM	LDT	0.5	L	03:42PM	LDT	3.5	H	10:17PM	LDT	0.6	L
09/23/2010	Thu	03:49AM	LDT	3.2	H	10:11AM	LDT	0.6	L	04:00PM	LDT	3.6	H	10:56PM	LDT	0.5	L
09/24/2010	Fri	04:31AM	LDT	3.2	H	10:33AM	LDT	0.9	L	04:15PM	LDT	3.7	H	11:33PM	LDT	0.5	L
09/25/2010	Sat	05:14AM	LDT	3.0	H	10:58AM	LDT	1.0	L	04:33PM	LDT	3.9	H				
09/26/2010	Sun	12:09AM	LDT	0.4	L	06:02AM	LDT	2.9	H	11:29AM	LDT	1.2	L	05:01PM	LDT	4.0	H
09/27/2010	Mon	12:48AM	LDT	0.3	L	06:55AM	LDT	2.8	H	12:06PM	LDT	1.3	L	05:35PM	LDT	4.0	H
09/28/2010	Tue	01:32AM	LDT	0.3	L	07:57AM	LDT	2.7	H	12:50PM	LDT	1.5	L	06:17PM	LDT	4.0	H
09/29/2010	Wed	02:27AM	LDT	0.3	L	09:08AM	LDT	2.6	H	01:43PM	LDT	1.6	L	07:08PM	LDT	3.9	H
09/30/2010	Thu	03:36AM	LDT	0.3	L	10:18AM	LDT	2.6	H	02:49PM	LDT	1.6	L	08:10PM	LDT	3.7	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

October - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
10/01/2010	Fri	04:49AM	LDT	0.2	L	11:21AM	LDT	2.7	H	04:07PM	LDT	1.6	L	09:26PM	LDT	3.5	H
10/02/2010	Sat	05:53AM	LDT	0.1	L	12:13PM	LDT	2.8	H	05:27PM	LDT	1.4	L	10:51PM	LDT	3.5	H
10/03/2010	Sun	06:47AM	LDT	-0.1	L	12:57PM	LDT	3.0	H	06:38PM	LDT	1.1	L				
10/04/2010	Mon	12:08AM	LDT	3.5	H	07:34AM	LDT	-0.1	L	01:36PM	LDT	3.2	H	07:40PM	LDT	0.7	L
10/05/2010	Tue	01:14AM	LDT	3.5	H	08:16AM	LDT	0.0	L	02:12PM	LDT	3.5	H	08:37PM	LDT	0.3	L
10/06/2010	Wed	02:14AM	LDT	3.6	H	08:55AM	LDT	0.2	L	02:46PM	LDT	3.8	H	09:31PM	LDT	0.1	L
10/07/2010	Thu	03:11AM	LDT	3.5	H	09:34AM	LDT	0.4	L	03:19PM	LDT	4.0	H	10:24PM	LDT	-0.2	L
10/08/2010	Fri	04:08AM	LDT	3.5	H	10:12AM	LDT	0.6	L	03:53PM	LDT	4.2	H	11:16PM	LDT	-0.2	L
10/09/2010	Sat	05:05AM	LDT	3.3	H	10:53AM	LDT	0.9	L	04:28PM	LDT	4.2	H				
10/10/2010	Sun	12:09AM	LDT	-0.3	L	06:04AM	LDT	3.2	H	11:36AM	LDT	1.1	L	05:06PM	LDT	4.2	H
10/11/2010	Mon	01:02AM	LDT	-0.2	L	07:06AM	LDT	3.1	H	12:24PM	LDT	1.3	L	05:47PM	LDT	4.0	H
10/12/2010	Tue	01:58AM	LDT	-0.2	L	08:09AM	LDT	3.0	H	01:18PM	LDT	1.5	L	06:34PM	LDT	3.8	H
10/13/2010	Wed	02:57AM	LDT	-0.1	L	09:13AM	LDT	2.9	H	02:20PM	LDT	1.6	L	07:30PM	LDT	3.5	H
10/14/2010	Thu	03:59AM	LDT	0.0	L	10:16AM	LDT	2.9	H	03:31PM	LDT	1.6	L	08:44PM	LDT	3.2	H
10/15/2010	Fri	05:00AM	LDT	0.1	L	11:14AM	LDT	3.0	H	04:46PM	LDT	1.4	L	10:10PM	LDT	2.9	H

10/16/2010	Sat	05:55AM	LDT	0.1	L	12:05PM	LDT	3.2	H	05:55PM	LDT	1.2	L	11:26PM	LDT	2.8	H
10/17/2010	Sun	06:42AM	LDT	0.1	L	12:49PM	LDT	3.2	H	06:56PM	LDT	0.9	L				
10/18/2010	Mon	12:29AM	LDT	2.8	H	07:23AM	LDT	0.2	L	01:27PM	LDT	3.3	H	07:49PM	LDT	0.6	L
10/19/2010	Tue	01:22AM	LDT	2.8	H	07:57AM	LDT	0.3	L	01:59PM	LDT	3.5	H	08:36PM	LDT	0.4	L
10/20/2010	Wed	02:11AM	LDT	2.8	H	08:27AM	LDT	0.5	L	02:25PM	LDT	3.5	H	09:19PM	LDT	0.2	L
10/21/2010	Thu	02:58AM	LDT	2.9	H	08:54AM	LDT	0.8	L	02:45PM	LDT	3.6	H	10:00PM	LDT	0.1	L
10/22/2010	Fri	03:44AM	LDT	2.8	H	09:21AM	LDT	1.0	L	03:01PM	LDT	3.8	H	10:39PM	LDT	0.0	L
10/23/2010	Sat	04:31AM	LDT	2.8	H	09:50AM	LDT	1.2	L	03:21PM	LDT	3.9	H	11:17PM	LDT	0.0	L
10/24/2010	Sun	05:19AM	LDT	2.8	H	10:24AM	LDT	1.4	L	03:49PM	LDT	4.0	H	11:55PM	LDT	-0.1	L
10/25/2010	Mon	06:08AM	LDT	2.8	H	11:03AM	LDT	1.5	L	04:24PM	LDT	4.1	H				
10/26/2010	Tue	12:35AM	LDT	-0.1	L	07:00AM	LDT	2.8	H	11:48AM	LDT	1.6	L	05:06PM	LDT	4.1	H
10/27/2010	Wed	01:19AM	LDT	-0.1	L	07:55AM	LDT	2.7	H	12:39PM	LDT	1.6	L	05:53PM	LDT	3.9	H
10/28/2010	Thu	02:09AM	LDT	-0.2	L	08:53AM	LDT	2.7	H	01:39PM	LDT	1.6	L	06:48PM	LDT	3.7	H
10/29/2010	Fri	03:06AM	LDT	-0.2	L	09:51AM	LDT	2.7	H	02:49PM	LDT	1.5	L	07:54PM	LDT	3.4	H
10/30/2010	Sat	04:07AM	LDT	-0.2	L	10:44AM	LDT	2.8	H	04:07PM	LDT	1.2	L	09:15PM	LDT	3.2	H
10/31/2010	Sun	05:05AM	LDT	-0.2	L	11:32AM	LDT	3.0	H	05:24PM	LDT	0.9	L	10:44PM	LDT	3.0	H

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November - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
11/01/2010	Mon	05:58AM	LDT	-0.1	L	12:15PM	LDT	3.2	H	06:33PM	LDT	0.5	L				
11/02/2010	Tue	12:03AM	LDT	3.0	H	06:46AM	LDT	0.1	L	12:53PM	LDT	3.5	H	07:35PM	LDT	0.2	L
11/03/2010	Wed	01:11AM	LDT	3.0	H	07:30AM	LDT	0.2	L	01:29PM	LDT	3.8	H	08:32PM	LDT	-0.2	L
11/04/2010	Thu	02:13AM	LDT	3.1	H	08:12AM	LDT	0.5	L	02:04PM	LDT	4.0	H	09:25PM	LDT	-0.4	L
11/05/2010	Fri	03:11AM	LDT	3.1	H	08:55AM	LDT	0.8	L	02:38PM	LDT	4.2	H	10:17PM	LDT	-0.5	L
11/06/2010	Sat	04:09AM	LDT	3.1	H	09:38AM	LDT	1.1	L	03:14PM	LDT	4.2	H	11:07PM	LDT	-0.5	L
11/07/2010	Sun	04:05AM	LST	3.1	H	09:24AM	LST	1.2	L	02:51PM	LST	4.2	H	10:57PM	LST	-0.5	L
11/08/2010	Mon	05:01AM	LST	3.1	H	10:13AM	LST	1.4	L	03:31PM	LST	4.1	H	11:45PM	LST	-0.5	L
11/09/2010	Tue	05:57AM	LST	3.1	H	11:05AM	LST	1.6	L	04:14PM	LST	3.9	H				
11/10/2010	Wed	12:34AM	LST	-0.3	L	06:52AM	LST	3.1	H	12:01PM	LST	1.6	L	05:01PM	LST	3.6	H
11/11/2010	Thu	01:23AM	LST	-0.2	L	07:47AM	LST	3.0	H	01:02PM	LST	1.5	L	05:55PM	LST	3.2	H
11/12/2010	Fri	02:12AM	LST	-0.1	L	08:41AM	LST	3.0	H	02:08PM	LST	1.4	L	07:02PM	LST	2.9	H
11/13/2010	Sat	03:01AM	LST	0.0	L	09:32AM	LST	3.0	H	03:19PM	LST	1.2	L	08:25PM	LST	2.6	H
11/14/2010	Sun	03:49AM	LST	0.2	L	10:18AM	LST	3.1	H	04:28PM	LST	0.9	L	09:48PM	LST	2.5	H
11/15/2010	Mon	04:34AM	LST	0.3	L	10:59AM	LST	3.2	H	05:31PM	LST	0.6	L	11:00PM	LST	2.4	H
11/16/2010	Tue	05:14AM	LST	0.5	L	11:34AM	LST	3.3	H	06:26PM	LST	0.3	L				
11/17/2010	Wed	12:01AM	LST	2.5	H	05:52AM	LST	0.7	L	12:04PM	LST	3.5	H	07:15PM	LST	0.1	L
11/18/2010	Thu	12:57AM	LST	2.5	H	06:26AM	LST	0.9	L	12:27PM	LST	3.6	H	08:01PM	LST	-0.1	L
11/19/2010	Fri	01:49AM	LST	2.6	H	07:01AM	LST	1.2	L	12:48PM	LST	3.9	H	08:43PM	LST	-0.2	L
11/20/2010	Sat	02:39AM	LST	2.7	H	07:37AM	LST	1.4	L	01:12PM	LST	4.0	H	09:24PM	LST	-0.2	L
11/21/2010	Sun	03:28AM	LST	2.8	H	08:17AM	LST	1.6	L	01:43PM	LST	4.2	H	10:04PM	LST	-0.3	L
11/22/2010	Mon	04:16AM	LST	2.8	H	09:01AM	LST	1.6	L	02:20PM	LST	4.2	H	10:43PM	LST	-0.4	L
11/23/2010	Tue	05:03AM	LST	2.8	H	09:49AM	LST	1.7	L	03:03PM	LST	4.2	H	11:23PM	LST	-0.4	L
11/24/2010	Wed	05:50AM	LST	2.9	H	10:40AM	LST	1.6	L	03:50PM	LST	4.1	H				
11/25/2010	Thu	12:05AM	LST	-0.5	L	06:37AM	LST	2.8	H	11:36AM	LST	1.5	L	04:42PM	LST	3.9	H
11/26/2010	Fri	12:49AM	LST	-0.5	L	07:24AM	LST	2.9	H	12:37PM	LST	1.4	L	05:40PM	LST	3.6	H
11/27/2010	Sat	01:35AM	LST	-0.4	L	08:12AM	LST	2.9	H	01:46PM	LST	1.2	L	06:47PM	LST	3.2	H
11/28/2010	Sun	02:24AM	LST	-0.2	L	09:00AM	LST	3.1	H	03:00PM	LST	0.9	L	08:09PM	LST	2.8	H
11/29/2010	Mon	03:15AM	LST	-0.1	L	09:46AM	LST	3.3	H	04:16PM	LST	0.6	L	09:38PM	LST	2.7	H
11/30/2010	Tue	04:07AM	LST	0.2	L	10:30AM	LST	3.5	H	05:26PM	LST	0.2	L	10:59PM	LST	2.6	H

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December - Antioch

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height						
12/01/2010	Wed	04:58AM	LST	0.5	L	11:12AM	LST	3.8	H	06:30PM	LST	-0.2	L				
12/02/2010	Thu	12:10AM	LST	2.7	H	05:48AM	LST	0.7	L	11:52AM	LST	4.0	H	07:27PM	LST	-0.4	L
12/03/2010	Fri	01:13AM	LST	2.8	H	06:37AM	LST	1.0	L	12:31PM	LST	4.2	H	08:20PM	LST	-0.5	L
12/04/2010	Sat	02:12AM	LST	2.9	H	07:27AM	LST	1.2	L	01:09PM	LST	4.3	H	09:10PM	LST	-0.6	L
12/05/2010	Sun	03:07AM	LST	3.1	H	08:17AM	LST	1.5	L	01:48PM	LST	4.3	H	09:58PM	LST	-0.6	L
12/06/2010	Mon	04:00AM	LST	3.2	H	09:08AM	LST	1.6	L	02:28PM	LST	4.2	H	10:43PM	LST	-0.5	L
12/07/2010	Tue	04:50AM	LST	3.2	H	09:59AM	LST	1.6	L	03:10PM	LST	4.1	H	11:25PM	LST	-0.5	L
12/08/2010	Wed	05:38AM	LST	3.2	H	10:51AM	LST	1.6	L	03:53PM	LST	3.9	H				
12/09/2010	Thu	12:04AM	LST	-0.3	L	06:24AM	LST	3.2	H	11:43AM	LST	1.6	L	04:39PM	LST	3.5	H
12/10/2010	Fri	12:42AM	LST	-0.2	L	07:09AM	LST	3.2	H	12:38PM	LST	1.4	L	05:28PM	LST	3.2	H
12/11/2010	Sat	01:17AM	LST	-0.1	L	07:53AM	LST	3.1	H	01:36PM	LST	1.3	L	06:26PM	LST	2.8	H
12/12/2010	Sun	01:52AM	LST	0.1	L	08:35AM	LST	3.1	H	02:41PM	LST	1.2	L	07:38PM	LST	2.5	H
12/13/2010	Mon	02:29AM	LST	0.3	L	09:16AM	LST	3.2	H	03:50PM	LST	0.9	L	09:06PM	LST	2.3	H
12/14/2010	Tue	03:09AM	LST	0.5	L	09:53AM	LST	3.2	H	04:58PM	LST	0.6	L	10:29PM	LST	2.2	H
12/15/2010	Wed	03:53AM	LST	0.9	L	10:27AM	LST	3.4	H	05:59PM	LST	0.4	L	11:40PM	LST	2.3	H
12/16/2010	Thu	04:39AM	LST	1.2	L	10:58AM	LST	3.6	H	06:53PM	LST	0.2	L				
12/17/2010	Fri	12:43AM	LST	2.5	H	05:27AM	LST	1.4	L	11:28AM	LST	3.9	H	07:41PM	LST	-0.1	L

12/18/2010	Sat	01:38AM	LST	2.6	H	06:17AM	LST	1.6	L	12:01PM	LST	4.0	H	08:26PM	LST	-0.2	L
12/19/2010	Sun	02:29AM	LST	2.8	H	07:07AM	LST	1.8	L	12:38PM	LST	4.2	H	09:08PM	LST	-0.3	L
12/20/2010	Mon	03:17AM	LST	2.9	H	07:57AM	LST	1.8	L	01:20PM	LST	4.3	H	09:48PM	LST	-0.4	L
12/21/2010	Tue	04:01AM	LST	3.0	H	08:49AM	LST	1.8	L	02:06PM	LST	4.4	H	10:27PM	LST	-0.5	L
12/22/2010	Wed	04:43AM	LST	3.1	H	09:41AM	LST	1.6	L	02:54PM	LST	4.3	H	11:05PM	LST	-0.5	L
12/23/2010	Thu	05:24AM	LST	3.2	H	10:34AM	LST	1.5	L	03:45PM	LST	4.2	H	11:43PM	LST	-0.5	L
12/24/2010	Fri	06:03AM	LST	3.2	H	11:30AM	LST	1.3	L	04:39PM	LST	3.9	H				
12/25/2010	Sat	12:21AM	LST	-0.5	L	06:43AM	LST	3.2	H	12:29PM	LST	1.1	L	05:37PM	LST	3.5	H
12/26/2010	Sun	01:00AM	LST	-0.3	L	07:25AM	LST	3.4	H	01:35PM	LST	0.9	L	06:44PM	LST	3.2	H
12/27/2010	Mon	01:43AM	LST	-0.1	L	08:09AM	LST	3.5	H	02:47PM	LST	0.7	L	08:06PM	LST	2.8	H
12/28/2010	Tue	02:29AM	LST	0.2	L	08:56AM	LST	3.7	H	04:04PM	LST	0.5	L	09:35PM	LST	2.5	H
12/29/2010	Wed	03:21AM	LST	0.6	L	09:45AM	LST	3.9	H	05:17PM	LST	0.2	L	10:57PM	LST	2.5	H
12/30/2010	Thu	04:18AM	LST	0.9	L	10:34AM	LST	4.0	H	06:23PM	LST	-0.2	L				
12/31/2010	Fri	12:09AM	LST	2.7	H	05:19AM	LST	1.2	L	11:22AM	LST	4.2	H	07:21PM	LST	-0.3	L

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